

# SHARP STABILITY FOR SOBOLEV AND LOG-SOBOLEV INEQUALITIES, WITH OPTIMAL DIMENSIONAL DEPENDENCE

JEAN DOLBEAULT, MARIA J. ESTEBAN, ALESSIO FIGALLI, RUPERT L. FRANK, AND MICHAEL LOSS

ABSTRACT. We prove a sharp quantitative version for the stability of the Sobolev inequality with explicit constants. Moreover, the constants have the correct behavior in the limit of large dimensions, which allows us to deduce an optimal quantitative stability estimate for the Gaussian log-Sobolev inequality with an explicit dimension-free constant. Our proofs rely on several ingredients such as competing symmetries, a flow based on continuous Steiner symmetrization that interpolates continuously between a function and its symmetric decreasing rearrangement, and refined estimates on the Sobolev functional in the neighborhood of the optimal Aubin–Talenti functions.

## CONTENTS

1. Introduction and main results	2
Historical background	3
Strategy of the proofs and outline	4
2. Local stability for nonnegative functions	6
2.1. The Sobolev inequality on the sphere	6
2.2. A stability result for functions close to the manifold of optimizers	7
2.3. The spectral gap inequality	7
2.4. Warm-up: A bound with suboptimal dimension dependence	7
2.5. Cutting $r$ into pieces	10
2.6. A detailed estimate of the deficit	14
2.6.1. Bound on $I_1$	15
2.6.2. Bound on $I_3$	18
2.6.3. Bound on $I_2$	18
2.7. Proof of Theorem 2.1	19
3. From a local to a global stability result	19
3.1. Nonnegative functions away from the manifold of optimizers	20
3.1.1. Competing symmetries	20
3.1.2. Continuous rearrangement	23
3.1.3. Proof of Theorem 3.1	26
3.2. From nonnegative functions to arbitrary functions	26
3.3. Stability of the Sobolev inequality: Proof of Theorem 1.1	27
4. The large-dimensional limit: Proof of Corollary 1.2	29
Appendix A. Some properties of continuous rearrangement	36
References	38

---

*Date:* July 15, 2023.

*2020 Mathematics Subject Classification.* Primary: [49J40](#); Secondary: [26D10](#), [35A23](#).

*Key words and phrases.* Sobolev inequality, logarithmic Sobolev inequality, stability, rearrangement, Steiner symmetrization.

© 2023 by the authors. Reproduction of this article by any means permitted for noncommercial purposes. [CC-BY 4.0](#).

*Acknowledgements.* Partial support through US National Science Foundation grants DMS-1954995 (R.L.F.) and DMS-2154340 (M.L.), as well as through the Deutsche Forschungsgemeinschaft (DFG, German Research Foundation) Germany’s Excellence Strategy EXC-2111-390814868 (R.L.F.), the French National Research Agency (ANR) projects EFI (ANR-17-CE40-0030, J.D.) and molQED (ANR-17-CE29-0004, M.J.E.) and the European Research Council under the Grant Agreement No. 721675 (RSPDE) *Regularity and Stability in Partial Differential Equations* (A.F.).

## 1. INTRODUCTION AND MAIN RESULTS

The classical Sobolev inequality on  $\mathbb{R}^d$ ,  $d \geq 3$ , states that

$$\|\nabla f\|_{L^2(\mathbb{R}^d)}^2 \geq S_d \|f\|_{L^{2^*}(\mathbb{R}^d)}^2 \quad \forall f \in \dot{H}^1(\mathbb{R}^d),$$

where  $2^* = \frac{2d}{d-2}$  is the Sobolev exponent,  $S_d = \frac{1}{4} d(d-2) |\mathbb{S}^d|^{2/d}$  is the sharp Sobolev constant, and  $|\mathbb{S}^d|$  denotes the  $d$ -dimensional volume of the unit sphere in  $\mathbb{S}^d \subset \mathbb{R}^{d+1}$ . Here  $\dot{H}^1(\mathbb{R}^d)$  is the closure of  $C_c^\infty(\mathbb{R}^d)$  with respect to the seminorm  $\|f\|_{\dot{H}^1(\mathbb{R}^d)} := \|\nabla f\|_{L^2(\mathbb{R}^d)}^2$ . In addition, equality holds if and only if  $f$  belongs to the  $(d+2)$ -dimensional manifold

$$\begin{aligned} \mathcal{M} := & \left\{ g_{a,b,c} : (a, b, c) \in (0, +\infty) \times \mathbb{R}^d \times \mathbb{R} \right\} \\ \text{where } g_{a,b,c}(x) = & c \bar{g}\left(\frac{x-b}{a}\right) \quad \text{and} \quad \bar{g}(x) = \left(\frac{2}{1+|x|^2}\right)^{\frac{d-2}{2}}. \end{aligned} \quad (1)$$

In [12] Brezis and Lieb asked the following question:

*Do there exist constants  $\kappa, \alpha > 0$  such that*

$$\delta_{\text{Sob}}(f) := \frac{\|\nabla f\|_{L^2(\mathbb{R}^d)}^2}{\|f\|_{L^{2^*}(\mathbb{R}^d)}^2} - S_d \geq \kappa \text{dist}(f, \mathcal{M})^\alpha$$

*where  $\text{dist}(\cdot, \mathcal{M})$  denotes some ‘natural distance’ from the set of optimizers?*

In the modern terminology,  $\delta_{\text{Sob}}(f)$  is usually called the *Sobolev deficit*. In this kind of stability questions, one can try to obtain ‘the best possible result’ by finding the strongest possible topology to define the distance and the best possible constant  $\kappa$  and exponent  $\alpha$ . A beautiful answer to Brezis and Lieb’s question has been given by Bianchi and Egnell in [6]: for any  $d \geq 3$  there is a dimensional constant  $\mathcal{C}_{d,\text{BE}} > 0$  such that

$$\delta_{\text{Sob}}(f) \geq \mathcal{C}_{d,\text{BE}} \inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_{L^2(\mathbb{R}^d)}^2 \quad (2)$$

for any  $f \in \dot{H}^1(\mathbb{R}^d)$  such that  $\|f\|_{L^{2^*}(\mathbb{R}^d)} = 1$ . It is worth observing that this result is optimal both in terms of the distance used (the  $\dot{H}^1$  norm) and in terms of the exponent 2. Its proof is based on two principles:

- (i) *Local-to-global*: it suffices to prove the inequality in a neighborhood of  $\mathcal{M}$ ;
- (ii) *Local analysis*: (2) holds near  $\mathcal{M}$ .

As shown in [6], these two steps are achieved as follows:

- (i) By Lions’s concentration-compactness theorem, if  $\delta_{\text{Sob}}(f)$  is small, then  $f$  is close in  $\dot{H}^1$  to  $\mathcal{M}$ .
- (ii) Given  $f$  close to  $\mathcal{M}$ , one can assume that  $\bar{g} \in \mathcal{M}$  is the closest point to  $f$ . Then, if one writes  $f = \bar{g} + \epsilon \varphi$  with  $\epsilon := \|\nabla f - \nabla \bar{g}\|_{L^2(\mathbb{R}^d)}$  (so that  $\|\nabla \varphi\|_{L^2(\mathbb{R}^d)} = 1$ ), a Taylor expansion gives

$$\delta_{\text{Sob}}(\bar{g} + \epsilon \varphi) \geq \epsilon^2 Q_{\bar{g}}[\varphi] - \frac{2}{2^*} \epsilon^{2^*},$$

where  $Q_{\bar{g}}[\cdot]$  is a quadratic form depending on  $\bar{g}$  (see Section 2.4 below for more details). In addition, spectral analysis shows that  $Q_{\bar{g}}[\varphi] \geq \frac{4}{d+4}$  and this inequality is sharp, proving that

$$\delta_{\text{Sob}}(\bar{g} + \epsilon \varphi) \geq \frac{4}{d+4} \epsilon^2 - \frac{2}{2^*} \epsilon^{2^*}. \quad (3)$$

In particular, if  $\epsilon$  is sufficiently small then (2) follows.

Although Bianchi and Egnell’s result gives a very satisfactory answer to the question raised by Brezis and Lieb, their method gives no information about the constant  $\mathcal{C}_{d,\text{BE}}$ . More precisely:

- (i) Since the local-to-global argument is based on compactness, there is no information about the size of  $\mathcal{C}_{d,\text{BE}}$  outside a small  $\dot{H}^1$ -neighborhood of  $\mathcal{M}$ .
- (ii) Even if we restrict to functions close to  $\mathcal{M}$ , the bound provided by Bianchi and Egnell is very unsatisfactory for large dimensions. Indeed, (3) implies that  $\delta_{\text{Sob}}(g + \epsilon \varphi) \gtrsim \frac{1}{d} \epsilon^2$  provided  $\epsilon^{2^*-2} \lesssim \frac{1}{d}$ , or equivalently  $\epsilon \lesssim d^{-d/4}$ . In other words, for large dimensions, the neighborhood of  $\mathcal{M}$  where the Taylor expansion of Bianchi and Egnell provides a lower bound is super-exponentially small with respect to  $d$ .

The goal of this paper is to provide a new proof of the Bianchi-Egnell estimate that leads to a completely sharp result. More precisely, by a series of new ideas and techniques, we shall provide:

- (i) a quantitative local-to-global principle, based on competing symmetries and continuous Steiner symmetrization, that allows us to reduce the global estimate to a local estimate;
- (ii) a refined local analysis that provides a bound on the form  $\delta_{\text{Sob}}(g + \epsilon \varphi) \geq \frac{c_0}{d} \epsilon^2$  for  $\epsilon \leq \epsilon_0$ , where  $c_0$  and  $\epsilon_0$  are *independent* of the dimension.

These techniques allow us to prove the following explicit stability constant estimate.

**Theorem 1.1.** *There is an explicit constant  $\beta > 0$  such that, for all  $d \geq 3$  and all  $f \in \dot{H}^1(\mathbb{R}^d)$ ,*

$$\|\nabla f\|_{L^2(\mathbb{R}^d)}^2 - S_d \|f\|_{L^{2^*}(\mathbb{R}^d)}^2 \geq \frac{\beta}{d} \inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_{L^2(\mathbb{R}^d)}^2.$$

To our knowledge, this is the first estimate where one obtains a complete dimensionally sharp result for the deficit of a Sobolev inequality. If  $\mathcal{C}_{d,\text{BE}}$  denotes the sharp constant in (2), which we shall assume from now on, then Theorem 1.1 can be succinctly written

$$\mathcal{C}_{d,\text{BE}} \geq \frac{\beta}{d}.$$

To emphasize the robustness of our result we can prove, as a direct consequence of Theorem 1.1 when  $d \rightarrow \infty$ , a new sharp stability result for the Gaussian log-Sobolev inequality. More precisely, on  $\mathbb{R}^N$  with  $N \geq 1$ , we consider the Gaussian measure

$$d\gamma(x) = e^{-\pi|x|^2} dx.$$

We abbreviate  $L^2(\gamma) = L^2(\mathbb{R}^N, d\gamma)$  and denote by  $H^1(\gamma)$  the space of all  $u \in L^2(\gamma)$  with distributional gradient in  $L^2(\gamma)$ .

**Corollary 1.2.** *With  $\beta > 0$  as in Theorem 1.1, we have that, for all  $N \in \mathbb{N}$  and all  $u \in H^1(\gamma)$ ,*

$$\int_{\mathbb{R}^N} |\nabla u|^2 d\gamma - \pi \int_{\mathbb{R}^N} u^2 \ln \left( \frac{|u|^2}{\|u\|_{L^2(\gamma)}^2} \right) d\gamma \geq \frac{\beta \pi}{2} \inf_{b \in \mathbb{R}^N, c \in \mathbb{R}} \int_{\mathbb{R}^N} (u - c e^{b \cdot x})^2 d\gamma.$$

As we shall discuss later, also this corollary is optimal, both in terms of the power and in terms of the norm that we control.

**Historical background.** The question of optimality in the Sobolev inequality has a long history. Rodemich [62], Aubin [4] and Talenti [67] (see also [64]) proved that the Sobolev deficit is nonnegative. Moreover, it was shown by Lieb [56], Gidas, Ni and Nirenberg [47] and Caffarelli, Gidas and Spruck [19] that the deficit vanishes if and only if the function  $f$  is in the  $(d+2)$ -dimensional manifold  $\mathcal{M}$  of the ‘Aubin–Talenti functions’ of the form (1). Lions [58] has shown that if the Sobolev deficit is small for some function  $f$ , then  $f$  has to be close to the set  $\mathcal{M}$  of Sobolev optimizers. The closeness is measured in the strongest possible sense, namely with respect to the norm in  $\dot{H}^1(\mathbb{R}^d)$ . The Bianchi–Egnell inequality (2) makes the qualitative result of Lions quantitative. In particular, it shows that the distance to the manifold vanishes at least like the square root of the Sobolev deficit. Such ‘stability’ estimates have been established in other contexts as well, *e.g.*, for the isoperimetric inequality or for classical inequalities in real and harmonic analysis. In fact, stability has attracted a lot of

attention in recent years and we refer to [46, 28, 41, 29, 25, 32, 22, 26, 40, 27, 65, 44, 45, 42, 10, 43] and the references within for a list of works in this direction. In several of them the strategy of Bianchi and Egnell or its generalizations play an important role.

An interesting point about (2) and other inequalities obtained by this method is that nothing seems to be known about the value of the constant  $\mathcal{C}_{d,\text{BE}}$  except for the fact that it is strictly positive and bounded from above by

$$\mathcal{C}_{d,\text{BE}} \leq \frac{4}{d+4}, \quad (4)$$

as a consequence of the sharpness of the leading order term in (3) (see also the proof of [6, Lemma 1] or [25, Introduction]). As mentioned before, the proof of (2) in [6] proceeds by a spectral estimate combined with a compactness argument and hence cannot give any information about  $\mathcal{C}_{d,\text{BE}}$ . In [55] König shows that the upper bound in (4) is strict and in [54] that the infimum defining  $\mathcal{C}_{d,\text{BE}}$  is attained<sup>1</sup>. This is reminiscent of the planar isoperimetric inequality, where the constant in the quantitative isoperimetric inequality with Frankel asymmetry is strictly smaller than the constant in the corresponding spectral gap inequality and where one can prove the existence of an optimizing domain; see [7]. For further studies under an additional convexity assumption, see [20, 2, 30]. Explicit lower estimates are known only for distances to  $\mathcal{M}$  measured by weaker norms than in (2) and for functions satisfying additional constraints, while much more is known for subcritical interpolation inequalities than for Sobolev-type inequalities: see [9, 3, 33, 31, 10, 43, 24, 13] for some references.

The *logarithmic Sobolev inequality* on a finite dimensional Euclidean space (with either Gaussian or Lebesgue measures) can be seen as a *large dimensional limit* of the Sobolev inequality, for instance by considering Sobolev's inequality on a sphere of radius  $\sqrt{d}$  applied to a function depending only on  $N$  real variables as in [5, p. 4818] and [59]. Also see [69, Remark 4, p. 254] for some historical comments. The classical versions of the logarithmic Sobolev inequality are usually attributed to Stam [66], Federbush [38], Gross [48], and also Weissler [71] for a scale-invariant form. There is a huge literature on logarithmic Sobolev inequalities and we refer to [49] for a survey on many early results. Equality cases in the logarithmic Sobolev inequality have been characterized by Carlen in [21, Theorem 5], even with a remainder term, see [21, Theorem 6]. Other remainder terms are given in [8, 37, 34, 14, 50] and, using weaker notions of distances, in [8, 52, 37, 39, 51] while some obstructions to stability results involving strong notions of distance are given in [53, 36]. However, as far as we know, the Bianchi–Egnell strategy has so far not been applied to the logarithmic Sobolev inequality, probably because  $u \mapsto |u|^2 \ln|u|^2$  is not twice differentiable at the origin. Here we overcome this issue as a consequence of the optimal  $d^{-1}$  decay of  $\mathcal{C}_{d,\text{BE}}$ .

**Strategy of the proofs and outline.** Let us start with Theorem 1.1. It consists of three main parts. The first and second parts deal with nonnegative functions, while in the third part we deduce the inequality for arbitrary functions from that for nonnegative functions. The latter argument uses a concavity property of the problem. Potentially this argument comes with a loss in the constant, but we show that it does not destroy the  $d^{-1}$  behavior that we need to prove Corollary 1.2.

We now discuss the first and the second parts in more detail. These two parts correspond to the two ingredients mentioned at the beginning of the introduction, namely to the *local analysis* (ii) and the *local-to-global* principle (i), respectively. The region where the local analysis applies is where the quantity  $\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_{L^2(\mathbb{R}^d)}^2 / \|\nabla f\|_{L^2(\mathbb{R}^d)}^2 \leq \delta$ , while the remaining region will be treated using the local-to-global principle. Here  $\delta \in (0, 1)$  is a free parameter that will be chosen appropriately at the end. The crucial point is that  $\delta$  can be chosen independently of the dimension  $d$ .

The first part of the proof (see Theorem 2.1 in Section 2.2) is concerned with a nonnegative function  $f$  that is close to the set of optimizers. The basic strategy is to expand the quantity  $\|f\|_{L^q(\mathbb{R}^d)}^2$ , with the main term given by this quantity when  $f$  is replaced by the closest optimizer  $g$ .

---

<sup>1</sup>In fact, the results of König in [55, 54] provide affirmative answers to questions that we had asked in a first version of this paper.

By this choice there will be no linear term in the expansion, and for the quadratic term one uses a spectral gap inequality (Section 2.3). A first version of this argument appears in the proof of Proposition 2.4 in Section 2.4. Such a naive expansion, however, is not good enough to reproduce the correct  $d^{-1}$  behavior of the constant  $\mathcal{C}_{d,\text{BE}}$ . Instead, a refined argument (Sections 2.5 and 2.6) is needed where we cut the function  $f/g$  in various parts of its range and treat the different parts by *ad hoc* arguments. Three different ranges of the function are treated and, while each of these arguments individually is not sufficient, by carefully combining them we obtain the final result. We mention that the spectral gap inequality is only used for an  $L^\infty$ -bounded part of the perturbation.

Parenthetically we point out that we actually prove something stronger. Namely, we assume a decomposition  $f = g + r$  with  $g \in \mathcal{M}$  and a perturbation  $r$  satisfying certain orthogonality conditions. These orthogonality conditions for  $r$  are guaranteed when  $g$  realizes the infimum  $\inf_{g' \in \mathcal{M}} \|\nabla f - \nabla g'\|_{L^2(\mathbb{R}^d)}^2$ , but our argument does not make use of this minimality of  $g$ .

In the second part of the proof of Theorem 1.1, described in Section 3.1, we obtain a lower bound on

$$\mathcal{E}(f) := \frac{\|\nabla f\|_{L^2(\mathbb{R}^d)}^2 - S_d \|f\|_{L^{2^*}(\mathbb{R}^d)}^2}{\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_{L^2(\mathbb{R}^d)}^2} \quad \forall f \in \dot{H}^1(\mathbb{R}^d) \setminus \mathcal{M} \quad (5)$$

for nonnegative functions  $f$  satisfying  $\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_{L^2(\mathbb{R}^d)}^2 > \delta \|\nabla f\|_{L^2(\mathbb{R}^d)}^2$ ; see Theorem 3.1 for a detailed statement. Bianchi and Egnell [6] handle this part by a compactness argument and this is the reason why up to now there did not exist a quantitative lower bound on  $\mathcal{C}_{d,\text{BE}}$ . One can replace this argument by a constructive procedure using an idea taken from a paper by Christ [27], in which he establishes a quantitative error term for the Riesz rearrangement inequality. To implement this idea in our context we construct, using competing symmetries [23] and continuous rearrangement [15], a family of functions  $f_\tau$ ,  $0 \leq \tau < \infty$ , such that  $f_0 = f$ ,  $\|f_\tau\|_{2^*} = \|f\|_{2^*}$ ,  $\tau \mapsto \|\nabla f_\tau\|_2$  is non-increasing and  $\inf_{g \in \mathcal{M}} \|\nabla(f_\tau - g)\|_2 \rightarrow 0$  as  $\tau \rightarrow \infty$ . Clearly,

$$\mathcal{E}(f) \geq \frac{\|\nabla f\|_{L^2(\mathbb{R}^d)}^2 - S_d \|f\|_{L^{2^*}(\mathbb{R}^d)}^2}{\|\nabla f\|_{L^2(\mathbb{R}^d)}^2} = 1 - S_d \frac{\|f\|_{L^{2^*}(\mathbb{R}^d)}^2}{\|\nabla f\|_{L^2(\mathbb{R}^d)}^2} \geq \frac{\|\nabla f_\tau\|_{L^2(\mathbb{R}^d)}^2 - S_d \|f_\tau\|_{L^{2^*}(\mathbb{R}^d)}^2}{\|\nabla f_\tau\|_{L^2(\mathbb{R}^d)}^2}.$$

Starting with  $\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_{L^2(\mathbb{R}^d)}^2 > \delta \|\nabla f\|_{L^2(\mathbb{R}^d)}^2$ , one would like to run the flow until at a certain point  $\tau_0$  one has

$$\inf_{g \in \mathcal{M}} \|\nabla(f_{\tau_0} - g)\|_{L^2(\mathbb{R}^d)}^2 = \delta \|\nabla f_{\tau_0}\|_{L^2(\mathbb{R}^d)}^2 \quad (6)$$

so that

$$\mathcal{E}(f) \geq \frac{\|\nabla f_{\tau_0}\|_{L^2(\mathbb{R}^d)}^2 - S_d \|f_{\tau_0}\|_{L^{2^*}(\mathbb{R}^d)}^2}{\|\nabla f_{\tau_0}\|_{L^2(\mathbb{R}^d)}^2} = \delta \frac{\|\nabla f_{\tau_0}\|_{L^2(\mathbb{R}^d)}^2 - S_d \|f_{\tau_0}\|_{L^{2^*}(\mathbb{R}^d)}^2}{\inf_{g \in \mathcal{M}} \|\nabla(f_{\tau_0} - g)\|_{L^2(\mathbb{R}^d)}^2}.$$

This would allow us to apply the first part of the proof to the function  $f_{\tau_0}$  and obtain the desired bound. The details of this argument are more involved than presented here, mostly because the function  $\tau \mapsto \|\nabla f_\tau\|_{L^2(\mathbb{R}^d)}$  need not be continuous, so the existence of a  $\tau_0$  as in (6) is not guaranteed.

Continuous rearrangement flows in the setting of Steiner symmetrizations have been used by Pólya–Szegő [60, Note B], Brock [15, 16] and others. In the setting of symmetric decreasing rearrangements of sets they were used by Bucur–Henrot [17] and we will generalize them to functions. Additional results on this flow, which might be useful in other contexts as well, are given in Appendix A.

The proof of Corollary 1.2 is given in Section 4. The underlying idea is that the logarithmic Sobolev inequality on  $\mathbb{R}^N$  can be obtained by taking an appropriate limit in the Sobolev inequalities in dimension  $d$ , in the limiting regime as  $d \rightarrow +\infty$ , and that the same property should also be true for the stability inequality. However, for scaling reasons, the  $\dot{H}^1(\mathbb{R}^d)$  distance gives rise only to a stability estimate in  $L^2(\mathbb{R}^N)$  for the logarithmic Sobolev inequality. This is actually natural, since a stability result in  $\dot{H}^1(\mathbb{R}^d)$  would be false [50]. In addition, within the  $L^p$  spaces,  $L^2(\mathbb{R}^N)$  is the best

space where such a stability estimate can hold [53]. In other words, also our stability result for the logarithmic Sobolev inequality is completely sharp.

Throughout this paper we deal with real-valued functions. With minor additional effort our arguments can be extended to the case of complex-valued functions. In order to make notations lighter, we will write  $\|\cdot\|_q = \|\cdot\|_{L^q(\mathbb{R}^d)}$  whenever the space is  $\mathbb{R}^d$  with Lebesgue measure.

## 2. LOCAL STABILITY FOR NONNEGATIVE FUNCTIONS

Our goal in this section is to prove a quantitative stability inequality for nonnegative functions close to the manifold of optimizers. In order to simplify the notation, we write in this section

$$q = 2^* = 2d/(d-2), \quad \theta = q - 2 = 4/(d-2)$$

and

$$A = \frac{1}{4}d(d-2). \quad (7)$$

**2.1. The Sobolev inequality on the sphere.** It is well known that the Sobolev inequality on  $\mathbb{R}^d$  has an equivalent formulation on  $\mathbb{S}^d$ , the unit sphere in  $\mathbb{R}^{d+1}$ . It will be convenient for us at several steps of our proof to carry out the arguments in the setting of  $\mathbb{S}^d$ . Let us give some details.

We denote by  $\omega = (\omega_1, \omega_2, \dots, \omega_{d+1})$  the coordinates in  $\mathbb{R}^{d+1}$ . Then the unit sphere  $\mathbb{S}^d \subset \mathbb{R}^{d+1}$  can be parametrized in terms of stereographic coordinates by

$$\omega_j = \frac{2x_j}{1+|x|^2}, \quad j = 1, \dots, d, \quad \omega_{d+1} = \frac{1-|x|^2}{1+|x|^2}.$$

To a function  $f$  on  $\mathbb{R}^d$  we associate a function  $F$  on  $\mathbb{S}^d$  via

$$F(\omega) = \left( \frac{1+|x|^2}{2} \right)^{\frac{d-2}{2}} f(x) \quad \forall x \in \mathbb{R}^d. \quad (8)$$

Then, since  $(2/(1+|x|^2))^d$  is the Jacobian of the inverse stereographic projection  $x \mapsto \omega$ ,

$$|\mathbb{S}^d| \int_{\mathbb{S}^d} |F(\omega)|^{2^*} d\mu(\omega) = \int_{\mathbb{R}^d} |f(x)|^{2^*} dx,$$

where  $\mu$  denotes the *uniform probability measure* on  $\mathbb{S}^d$ . Moreover,  $F \in H^1(\mathbb{S}^d)$  if and only if  $f \in \dot{H}^1(\mathbb{R}^d)$ , and in this case

$$|\mathbb{S}^d| \int_{\mathbb{S}^d} (|\nabla F|^2 + A|F|^2) d\mu(\omega) = \int_{\mathbb{R}^d} |\nabla f|^2 dx.$$

Therefore, with  $A$  given by (7), the sharp Sobolev inequality on  $\mathbb{R}^d$  is equivalent to the following sharp Sobolev inequality on  $\mathbb{S}^d$ ,

$$\int_{\mathbb{S}^d} (|\nabla F|^2 + A|F|^2) d\mu \geq A \left( \int_{\mathbb{S}^d} |F|^{2^*} d\mu \right)^{2/2^*} \quad \forall F \in H^1(\mathbb{S}^d, d\mu),$$

with equality exactly for the functions

$$G(\omega) = c(a + b \cdot \omega)^{-\frac{d-2}{2}},$$

where  $a > 0$ ,  $b \in \mathbb{R}^d$  and  $c \in \mathbb{R}$  are constants with  $|b| < a$ . We denote the corresponding set of functions by  $\mathcal{M}$ . Then the above equivalence shows that

$$\mathcal{E}(f) = \frac{\|\nabla f\|_2^2 - S_d \|f\|_{2^*}^2}{\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2} = \frac{\|\nabla F\|_{L^2(\mathbb{S}^d)}^2 + A \|F\|_{L^2(\mathbb{S}^d)}^2 - S_d \|F\|_{L^{2^*}(\mathbb{S}^d)}^2}{\inf_{G \in \mathcal{M}} \left\{ \|\nabla F - \nabla G\|_{L^2(\mathbb{S}^d)}^2 + A \|F - G\|_{L^2(\mathbb{S}^d)}^2 \right\}}.$$

## 2.2. A stability result for functions close to the manifold of optimizers.

**Theorem 2.1.** *Let  $q = 2^* = 2d/(d-2)$  and  $\theta = q - 2 = 4/(d-2)$ . There are explicit constants  $\epsilon_0 > 0$  and  $\tilde{\delta} \in (0, 1)$  such that for all  $d \geq 3$  and for all  $-1 \leq r \in H^1(\mathbb{S}^d)$  satisfying*

$$\left( \int_{\mathbb{S}^d} |r|^q d\mu \right)^{2/q} \leq \tilde{\delta} \quad (9)$$

and

$$\int_{\mathbb{S}^d} r d\mu = 0 = \int_{\mathbb{S}^d} \omega_j r d\mu, \quad j = 1, \dots, d+1, \quad (10)$$

one has

$$\int_{\mathbb{S}^d} (|\nabla r|^2 + A(1+r)^2) d\mu - A \left( \int_{\mathbb{S}^d} (1+r)^q d\mu \right)^{2/q} \geq \theta \epsilon_0 \int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu.$$

The key feature of this theorem is that the constant  $\theta \epsilon_0$  behaves like  $4 \epsilon_0 d^{-1}$  for large  $d$ . This  $d^{-1}$  behavior leads to a corresponding lower bound on the behavior of  $\mathcal{C}_{d,\text{BE}}$ , which in view of (4) is optimal.

**Remark 2.2.** *In fact, we show that for every  $0 < \epsilon_0 < \frac{1}{3}$  there is a  $\tilde{\delta} > 0$  such that the assertion in the theorem holds for all  $d \geq 6$ . The same argument also gives that for every  $0 < \epsilon_0 < \frac{1}{2}$  there is a  $D$  and a  $\tilde{\delta} > 0$  such that the assertion of the theorem holds for all  $d \geq D$ . The explicit expression for  $\tilde{\delta} > 0$  can be found in the proofs of Theorem 2.1, Proposition 2.18 and in (23) below.*

The proof of Theorem 2.1 will take up the rest of this section.

**2.3. The spectral gap inequality.** Of crucial importance in our analysis, just like in that of Bianchi and Egnell [6], is the following spectral bound. It appears, for instance, in Rey's paper [61, Appendix D] slightly before the work of Bianchi and Egnell.

**Lemma 2.3.** *Let  $d \geq 3$  and assume that  $r \in H^1(\mathbb{S}^d)$  satisfies (10). Then*

$$\int_{\mathbb{S}^d} (|\nabla r|^2 - d r^2) d\mu \geq \frac{4}{d+4} \int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu.$$

*Proof.* We recall that the Laplace–Beltrami operator on  $\mathbb{S}^d$  is diagonal in the basis of spherical harmonics and that its eigenvalue on spherical harmonics of degree  $\ell$  is  $\ell(\ell + d - 1)$ .

Conditions (10) mean that  $r$  is orthogonal to spherical harmonics of degrees  $\ell \leq 1$ . Diagonalizing the Laplace–Beltrami operator, the claimed inequality becomes

$$\ell(\ell + d - 1) - d \geq \frac{4}{d+4}(\ell(\ell + d - 1) + A) \quad \text{for all } \ell \geq 2.$$

This is elementary to check. □

**2.4. Warm-up: A bound with suboptimal dimension dependence.** In this subsection we prove a preliminary version of Theorem 2.1 where the constant  $\theta \epsilon_0$  on the right side is replaced by some  $d$ -dependent constant, which decreases much faster than  $d^{-1}$  as  $d$  increases.

The motivation for proving this preliminary version is threefold. First, it explains the basic strategy of the proof without the additional difficulty of tracking the dependence on  $d$ . The latter will require some rather elaborate additional arguments. Second, this more involved proof works nicely when the exponent  $q = 2^*$  is  $\leq 3$ , which means  $d \geq 6$ . (It is, however, not difficult to adjust it to arbitrary  $d$ .) Therefore our chosen proof of Theorem 2.1 will combine the inequality proved in this subsection for  $d = 3, 4, 5$  with the inequality proved in the next subsection for  $d \geq 6$ . Third, the simpler argument in this subsection gives simpler expressions for the relevant constants, which might be preferable in certain applications in low dimensions where the values of these constants play a role.

**Proposition 2.4.** *For all  $\tilde{\delta} > 0$  and for all  $-1 \leq r \in H^1(\mathbb{S}^d)$  satisfying (9) and (10) one has*

$$\int_{\mathbb{S}^d} (|\nabla r|^2 + A(1+r)^2) d\mu - A \left( \int_{\mathbb{S}^d} (1+r)^q d\mu \right)^{2/q} \geq m(\tilde{\delta}^{1/2}) \int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu$$

where  $d\mu$  is the uniform probability measure, with

$$\begin{aligned} m(\nu) &:= \frac{4}{d+4} - \frac{2}{q} \nu^{q-2} && \text{if } d \geq 6, \\ m(\nu) &:= \frac{4}{d+4} - \frac{1}{3}(q-1)(q-2)\nu - \frac{2}{q} \nu^{q-2} && \text{if } d = 4, 5, \\ m(\nu) &:= \frac{4}{7} - \frac{20}{3}\nu - 5\nu^2 - 2\nu^3 - \frac{1}{3}\nu^4 && \text{if } d = 3. \end{aligned} \tag{11}$$

We note that for any  $d \geq 3$  there is a  $\nu_d$  such that  $m(\nu) > 0$  for  $\nu < \nu_d$ . Thus, for  $\tilde{\delta} < \nu_d^2$  we obtain a stability inequality.

We begin the proof of Proposition 2.4 with some elementary inequalities.

**Lemma 2.5.** *If  $q \geq 2$ , then, for all  $t \geq 0$ ,*

$$(1+t)^{\frac{2}{q}} \leq 1 + \frac{2}{q}t.$$

This is well known and we omit its simple proof.

**Lemma 2.6.** *We have the following bounds.*

- *If  $2 \leq q \leq 3$ , then, for all  $t \geq -1$ ,*

$$(1+t)^q \leq 1 + qt + \frac{1}{2}q(q-1)t^2 + t_+^q.$$

- *If  $3 \leq q \leq 4$ , then, for all  $t \geq -1$ ,*

$$(1+t)^q \leq 1 + qt + \frac{1}{2}q(q-1)t^2 + \frac{1}{6}q(q-1)(q-2)t^3 + |t|^q.$$

Similar bounds can also be derived for real  $q \in (4, \infty)$ . They become increasingly more complicated each time  $q$  passes an integer. The only bound for  $q > 4$  that we shall need corresponds to the critical exponent  $q = 6$  when  $d = 3$ . In that case, we rely on the binomial expansion  $(1+t)^6 = 1 + 6t + 15t^2 + 20t^3 + 15t^4 + 6t^5 + t^6$ .

*Proof.* We begin with the case  $2 \leq q \leq 3$  and set

$$\phi(t) := (1+t)^q - 1 - qt - \frac{1}{2}q(q-1)t^2 - t_+^q.$$

For any  $t \geq -1$ , we compute

$$\begin{aligned} \phi'(t) &= q \left( (1+t)^{q-1} - 1 - (q-1)t - t_+^{q-1} \right), \\ \phi''(t) &= q(q-1) \left( (1+t)^{q-2} - 1 - t_+^{q-2} \right). \end{aligned}$$

For  $-1 \leq t \leq 0$  we clearly have  $(1+t)^{q-2} - 1 - t_+^{q-2} = (1-|t|)^{q-2} - 1 \leq 0$ . For  $t \geq 0$  we have, by a well-known elementary inequality,  $(1+t)^{q-2} - 1 - t_+^{q-2} = (1+t)^{q-2} - 1 - t^{q-2} \leq 0$ . To summarize,  $\phi$  is concave on  $[-1, \infty)$ . We conclude that, for all  $t \geq -1$ ,

$$\phi(t) \leq \phi(0) - \phi'(0)t.$$

Since  $\phi(0) = \phi'(0) = 0$ , this is the claimed inequality.

We now turn to the case  $3 \leq q \leq 4$  and set this time

$$\phi(t) := (1+t)^q - 1 - qt - \frac{1}{2}q(q-1)t^2 - \frac{1}{6}q(q-1)(q-2)t^3 - |t|^q.$$

Again, we compute

$$\begin{aligned} \phi'(t) &= q \left( (1+t)^{q-1} - 1 - (q-1)t - \frac{1}{2}(q-1)(q-2)t^2 - |t|^{q-2}t \right), \\ \phi''(t) &= q(q-1) \left( (1+t)^{q-2} - 1 - (q-2)t - |t|^{q-2} \right). \end{aligned}$$



Since again  $\phi(0) = \phi'(0) = 0$ , the claimed inequality will follow if we can show concavity of  $\phi$  on  $[-1, \infty)$ , that is,  $\psi \leq 0$  on  $[-1, \infty)$  where

$$\psi(t) := (1+t)^{q-2} - 1 - (q-2)t - |t|^{q-2}.$$

We compute

$$\begin{aligned}\psi'(t) &= (q-2) \left( (1+t)^{q-3} - 1 - |t|^{q-4}t \right), \\ \psi''(t) &= (q-2)(q-3) \left( (1+t)^{q-4} - |t|^{q-4} \right).\end{aligned}$$

We discuss  $\psi$  separately on  $[-1, 0]$  and on  $(0, \infty)$ .

- We begin with the second case. For  $t > 0$  we have, by the same elementary inequality as before,  $(1+t)^{q-3} - 1 - t^{q-3} < 0$ . Thus,  $\psi' < 0$  on  $(0, \infty)$ . Since  $\psi(0) = 0$ , we deduce  $\psi < 0$  on  $(0, \infty)$ .
- Now let us consider the interval  $[-1, 0]$ . We see that  $\psi'' > 0$  on  $(-1, -1/2)$  and  $\psi'' < 0$  on  $(-1/2, 0)$ . Therefore  $\psi'$  is increasing on  $(-1, -1/2)$  and decreasing on  $(-1/2, 0)$ . Since  $\psi'(-1) = \psi'(0) = 0$ , we conclude that  $\psi' > 0$  on  $(-1, 0)$  and therefore  $\psi$  is increasing on  $(-1, 0)$ . Since  $\psi(0) = 0$  we conclude that  $\psi < 0$  on  $[-1, 0)$ , as claimed.

This completes the proof of the lemma.  $\square$

From Lemmas 2.5 and 2.6 we easily obtain the following inequalities.

**Proposition 2.7.** *Let  $(X, d\mu)$  be a measure space and  $u, r \in L^q(X, d\mu)$  for some  $q \geq 2$  with  $u \geq 0$  and  $u + r \geq 0$ . Assume also that  $\int_X u^{q-1} r d\mu = 0$ .*

- If  $2 \leq q \leq 3$ , then

$$\|u + r\|_q^2 \leq \|u\|_q^2 + \|u\|_q^{2-q} \left( (q-1) \int_X u^{q-2} r^2 d\mu + \frac{2}{q} \int_X r_+^q d\mu \right).$$

- If  $3 \leq q \leq 4$ , then

$$\begin{aligned}\|u + r\|_q^2 &\leq \|u\|_q^2 \\ &+ \|u\|_q^{2-q} \left( (q-1) \int_X u^{q-2} r^2 d\mu + \frac{1}{3}(q-1)(q-2) \int_X u^{q-3} r^3 d\mu + \frac{2}{q} \int_X |r|^q d\mu \right).\end{aligned}$$

- If  $q = 6$ , then

$$\begin{aligned}\|u + r\|_q^2 &\leq \|u\|_q^2 + \|u\|_q^{2-q} \left( 5 \int_X u^{q-2} r^2 d\mu + \frac{20}{3} \int_X u^{q-3} r^3 d\mu \right. \\ &\quad \left. + 5 \int_X u^{q-4} r^4 d\mu + 2 \int_X u^{q-5} r^5 d\mu + \frac{1}{3} \int_X r^6 d\mu \right).\end{aligned}$$

*Proof.* For  $2 \leq q \leq 3$  we have, by Lemma 2.6, almost everywhere on  $X$ ,

$$(u+r)^q \leq u^q + q u^{q-1} r + \frac{1}{2} q(q-1) u^{q-2} r^2 + r_+^q.$$

Integrating this and using the assumed orthogonality condition, we obtain

$$\int_X (u+r)^q d\mu \leq \int_X u^q d\mu + \frac{1}{2} q(q-1) \int_X u^{q-2} r^2 d\mu + \int_X r_+^q d\mu.$$

Applying Lemma 2.5, we obtain

$$\left( \int_X (u+r)^q d\mu \right)^{\frac{2}{q}} \leq \left( \int_X u^q d\mu \right)^{\frac{2}{q}} + \left( \int_X u^q d\mu \right)^{\frac{2-q}{q}} \left( (q-1) \int_X u^{q-2} r^2 d\mu + \frac{2}{q} \int_X r_+^q d\mu \right).$$

This is the claimed inequality for  $2 \leq q \leq 3$ . The proof for  $3 < q \leq 4$  is similar and the inequality for  $q = 6$  follows from expanding the polynomial.  $\square$

*Proof of Proposition 2.4.* Let  $r$  be as in Theorem 2.1. Because of the mean-zero condition we can apply Proposition 2.7 with  $u = 1$  on  $X = \mathbb{S}^d$  and  $d\mu$  the uniform probability measure. We simplify the resulting term using Hölder and Sobolev, which imply for  $2 < t \leq q$ ,

$$\int_{\mathbb{S}^d} |r|^t d\mu \leq \left( \int_{\mathbb{S}^d} |r|^q d\mu \right)^{t/q} \leq \tilde{\delta}^{\frac{t-2}{2}} \mathbf{A}^{-1} \int_{\mathbb{S}^d} (|\nabla r|^2 + \mathbf{A} r^2) d\mu.$$

In this way, we obtain

$$\left( \int_{\mathbb{S}^d} (1+r)^q d\mu \right)^{2/q} \leq 1 + (q-1) \int_{\mathbb{S}^d} r^2 d\mu + \mathfrak{n}(\tilde{\delta}^{1/2}) \mathbf{A}^{-1} \int_{\mathbb{S}^d} (|\nabla r|^2 + \mathbf{A} r^2) d\mu,$$

where

$$\begin{aligned} \mathfrak{n}(\nu) &:= \frac{2}{q} \nu^{q-2} && \text{if } d \geq 6, \\ \mathfrak{n}(\nu) &:= \frac{1}{3} (q-1)(q-2)\nu + \frac{2}{q} \nu^{q-2} && \text{if } d = 4, 5, \\ \mathfrak{n}(\nu) &:= \frac{20}{3} \nu + 5\nu^2 + 2\nu^3 + \frac{1}{3} \nu^4 && \text{if } d = 3. \end{aligned}$$

Using  $\mathbf{A}(q-2) = d$ , we deduce that

$$\begin{aligned} \int_{\mathbb{S}^d} (|\nabla r|^2 + \mathbf{A}(1+r)^2) d\mu - \mathbf{A} \left( \int_{\mathbb{S}^d} (1+r)^q d\mu \right)^{2/q} \\ \geq \int_{\mathbb{S}^d} (|\nabla r|^2 - dr^2) d\mu - \mathfrak{n}(\tilde{\delta}^{1/2}) \int_{\mathbb{S}^d} (|\nabla r|^2 + \mathbf{A} r^2) d\mu. \end{aligned}$$

Using the spectral gap inequality in Lemma 2.3 and noting that  $\mathfrak{m}(\nu) = \frac{4}{d+4} - \mathfrak{n}(\nu)$ , we obtain the claimed inequality.  $\square$

**Remark 2.8.** *The estimates of Proposition 2.4 are good enough for proving Theorem 2.1 for  $d$  finite, but fail for proving that the stability constant is of the order of  $\theta \epsilon_0$  in the large  $d$  limit, for some positive  $\epsilon_0$  independent of  $d$  and  $\theta = q - 2 = 4/(d - 2)$ . Indeed, if we write that  $\mathfrak{m}(\nu) \geq \theta \epsilon_0$ , we obtain*

$$\nu^{q-2} \leq \frac{q}{2} \left( \frac{4}{d+4} - (q-2)\epsilon_0 \right) \leq \frac{q}{2} \frac{4}{d+4} = \frac{4d}{(d-2)(d+4)} \leq \frac{4}{d-2},$$

which means  $\nu \leq \left( \frac{d-2}{4} \right)^{-\frac{d-2}{4}} < \sqrt{\tilde{\delta}}$  for  $d$  large enough, for any given  $\tilde{\delta} > 0$ . Theorem 2.1 cannot be deduced from Proposition 2.4 as  $d \rightarrow +\infty$  and this is why we need better estimates.

**2.5. Cutting  $r$  into pieces.** We turn now to the proof of Theorem 2.1 with the optimal dependence of the constant on the dimension. Thus, until the end of Section 2.2 we will assume that  $r$  satisfies the assumptions of Theorem 2.1. The following proposition gives an upper bound on

$$(1+r)^q - 1 - qr$$

for real numbers  $r$  in terms of three numbers

$$r_1 := \min\{r, \gamma\}, \quad r_2 := \min\{(r - \gamma)_+, M - \gamma\} \quad \text{and} \quad r_3 := (r - M)_+ \quad (12)$$

where  $\gamma$  and  $M$  are parameters such that  $0 < \gamma < M$ . We will later apply this when  $r$  is a function. Our goal is to obtain a bound in terms of

$$\theta := q - 2 \quad \text{where} \quad q = 2^* = \frac{2d}{d-2}. \quad (13)$$

We have in mind to let  $d \rightarrow +\infty$  so that  $\theta \rightarrow 0_+$ .

**Proposition 2.9.** *Given  $M \in (0, +\infty)$  and  $\overline{M} \in [\sqrt{e}, +\infty)$ , there are two positive constants  $C_M$  and  $C_{M, \overline{M}}$  depending respectively only on  $M$  and  $\{M, \overline{M}\}$  such that, for any  $\gamma \in (0, M]$ ,  $q \in [2, 3]$  and  $r \in [-1, \infty)$ , we have*

$$(1+r)^q - 1 - qr \leq \frac{1}{2}q(q-1)(r_1+r_2)^2 + 2(r_1+r_2)r_3 + \left(1 + C_M \theta \overline{M}^{-1} \ln \overline{M}\right) r_3^q \\ + \left(\frac{3}{2}\gamma \theta r_1^2 + C_{M, \overline{M}} \theta r_2^2\right) \mathbb{1}_{\{r \leq M\}} + C_{M, \overline{M}} \theta M^2 \mathbb{1}_{\{r > M\}} \quad (14)$$

with  $r_1, r_2, r_3$  and  $\theta$  given by (12) and (13).

For the proof of Proposition 2.9, we need two elementary lemmas.

**Lemma 2.10.** *If  $2 \leq q \leq 3$ , then for all  $r \in [-1, \infty)$ ,*

$$(1+r)^q \leq 1 + qr + \frac{1}{2}q(q-1)r^2 + (q-2)r_+^3.$$

*Proof.* The inequality for  $-1 \leq r \leq 0$  follows from Lemma 2.6. Let now  $r \geq 0$ . Then

$$(1+r)^q - 1 - qr - \frac{1}{2}q(q-1)r^2 = q(q-1)(q-2) \int_0^r \int_0^s \int_0^t (1+u)^{q-3} du dt ds.$$

Since  $q \leq 3$  we have  $(1+u)^{q-3} \leq 1$  and therefore

$$q(q-1)(q-2) \int_0^r \int_0^s \int_0^t (1+u)^{q-3} du dt ds \leq q(q-1)(q-2) \int_0^r \int_0^s \int_0^t du dt ds \\ = \frac{q}{3} \frac{q-1}{2} (q-2) r^3 \leq (q-2) r^3,$$

as claimed.  $\square$

**Lemma 2.11.** *For all  $q \geq 2$  and all  $v \geq \overline{M} \geq \sqrt{e}$  we have*

$$q v^{q-1} - 2v \leq \frac{1 + 2 \ln \overline{M}}{\overline{M}} (q-2) v^q \quad \text{and} \quad \frac{1}{2} q (q-1) v^{q-2} - 1 \leq \frac{\frac{1+q}{2} + \ln \overline{M}}{\overline{M}^2} (q-2) v^q.$$

*Proof.* Let

$$v_*^{(1)} := \left(2 \frac{q-1}{q}\right)^{\frac{1}{q-2}} \quad \text{and} \quad v_*^{(2)} := \left(\frac{1}{q-1}\right)^{\frac{1}{q-2}}.$$

Then an elementary computation shows that  $v \mapsto q v^{-1} - 2 v^{1-q}$  is increasing on  $(0, v_*^{(1)}]$  and decreasing on  $[v_*^{(1)}, \infty)$ . Similarly  $v \mapsto \frac{1}{2} q (q-1) v^{-2} - v^{-q}$  is increasing on  $(0, v_*^{(2)}]$  and decreasing on  $[v_*^{(2)}, \infty)$ . Thus,

$$q v^{q-1} - 2v \leq \left(q \overline{M}^{-1} - 2 \overline{M}^{1-q}\right) v^q \quad \text{for all } v \geq \overline{M} \geq v_*^{(1)}$$

and

$$\frac{1}{2} q (q-1) v^{q-2} - 1 \leq \left(\frac{1}{2} q (q-1) \overline{M}^{-2} - \overline{M}^{-q}\right)_+ v^q \quad \text{for all } v \geq \overline{M} \geq v_*^{(2)}.$$

One has  $v_*^{(1)} \geq 1 \geq v_*^{(2)}$  and, using  $\ln t \leq t - 1$  for all  $t > 0$ , we find

$$\ln v_*^{(1)} \leq \frac{1}{q} \leq \frac{1}{2}, \quad \text{that is, } v_*^{(1)} \leq \sqrt{e}.$$

Thus, the above inequality hold, in particular, for  $v \geq \overline{M} \geq \sqrt{e}$ .

Moreover, using  $1 - t^{-1} \leq \ln t$  for  $t > 1$  we can bound

$$q \overline{M}^{-1} - 2 \overline{M}^{1-q} = (q-2) \overline{M}^{-1} + 2 \left(\overline{M}^{-1} - \overline{M}^{1-q}\right) \leq (q-2) \overline{M}^{-1} (1 + 2 \ln \overline{M})$$

and

$$\frac{1}{2} q (q-1) \overline{M}^{-2} - \overline{M}^{-q} = \left(\frac{1}{2} q (q-1) - 1\right) \overline{M}^{-2} + \left(\overline{M}^{-2} - \overline{M}^{-q}\right) \leq (q-2) \overline{M}^{-2} \left(\frac{1+q}{2} + \ln \overline{M}\right).$$

This proves the assertion.  $\square$

*Proof of Proposition 2.9.* We now turn to the proof of (14). Assume first that  $r \leq M$ . We apply Lemma 2.10 and obtain

$$(1+r)^q - 1 - qr \leq \frac{1}{2}q(q-1)(r_1+r_2)^2 + \theta(r_1+r_2)_+^3.$$

If  $r \leq \gamma$ , then  $r_2 = 0$  and (14) follows from  $(r_1)_+^3 \leq \gamma r_1^2 \leq \frac{3}{2}\gamma r_1^2$ . If  $\gamma < r \leq M$ , we have, since  $r_1 = \gamma$  and  $3r_1r_2 \leq \frac{1}{2}r_1^2 + \frac{9}{2}r_2^2$ , we have

$$(r_1+r_2)_+^3 = \gamma r_1^2 + 3\gamma r_1r_2 + 3\gamma r_2^2 + r_2^3 \leq \frac{3}{2}\gamma r_1^2 + \left(\frac{15}{2}\gamma + M\right)r_2^2.$$

Since  $\gamma \leq M$  this proves (14) with  $C_{M,\overline{M}} \geq \frac{17}{2}M$ .

From here on, let us consider the case  $r > M$ . Using  $r = M + r_3$  we can write

$$(1+r)^q - 1 - qr = (1+r)^q - (1+r)^2 + (1+M)^2 - 1 - qM - (q-2)r_3 + r_3^2 + 2Mr_3.$$

We use

$$(1+M)^2 - 1 - qM - \frac{1}{2}q(q-1)M^2 = -\frac{1}{2}(q-2)M(2+(q+1)M) \leq 0$$

as well as  $-(q-2)r_3 \leq 0$ , to get

$$(1+r)^q - 1 - qr \leq \frac{1}{2}q(q-1)M^2 + 2Mr_3 + r_3^2 + (1+r)^q - (1+r)^2. \quad (15)$$

Note that the terms  $2Mr_3 = 2(r_1+r_2)r_3$  and  $\frac{1}{2}q(q-1)M^2 = \frac{1}{2}q(q-1)(r_1+r_2)^2$  are already of the form required in (14). In the following we bound the remaining terms  $r_3^2 + (1+r)^q - (1+r)^2$ . We do this separately in the cases  $M < r \leq M + \overline{M}$  and  $r > M + \overline{M}$ , where  $\overline{M} \geq 0$  is an additional parameter.

If  $M < r \leq M + \overline{M}$ , we have

$$(1+r)^q - (1+r)^2 \leq C_{M,\overline{M}}^{(1)}\theta \quad \text{and} \quad r_3^2 - r_3^q \leq C_{M,\overline{M}}^{(1)}\theta.$$

Inserting this into (15), we have for  $M < r \leq M + \overline{M}$

$$(1+r)^q - 1 - qr \leq 2Mr_3 + r_3^q + \left(\frac{1}{2}q(q-1) + C_{M,\overline{M}}\right)M^2,$$

provided

$$C_{M,\overline{M}} \geq M^{-2} \left( C_{M,\overline{M}}^{(1)} + C_{M,\overline{M}}^{(1)} \right).$$

This is a bound of the form (14), since  $r_1+r_2 = M$  for  $r > M$ .

Next, we consider the case  $r > M + \overline{M}$ , that is  $r_3 = r - M > \overline{M}$ . By Lemma 2.10 we have

$$\begin{aligned} (1+r)^q &= (1+M+r_3)^q = r_3^q \left(1 + \frac{1+M}{r_3}\right)^q \\ &\leq r_3^q + qr_3^{q-1}(1+M) + \frac{1}{2}q(q-1)r_3^{q-2}(1+M)^2 + \theta r_3^{q-3}(1+M)^3 \\ &\leq r_3^q + qr_3^{q-1}(1+M) + \frac{1}{2}q(q-1)r_3^{q-2}(1+M)^2 + \theta \overline{M}^{q-3}(1+M)^3 \\ &= r_3^q + qr_3^{q-1}(1+M) + \frac{1}{2}q(q-1)r_3^{q-2}(1+M)^2 + C_{M,\overline{M}}^{(2)}\theta. \end{aligned}$$

In the last inequality, we used  $q \leq 3$  and  $r_3 > \overline{M}$ . This, together with

$$(1+r)^2 = (1+M+r_3)^2 = r_3^2 + 2r_3(1+M) + (1+M)^2,$$

gives

$$\begin{aligned} &\frac{1}{2}q(q-1)M^2 + 2Mr_3 + r_3^2 + (1+r)^q - (1+r)^2 \\ &\leq 2Mr_3 + r_3^q + \left(qr_3^{q-1} - 2r_3\right)(1+M) \\ &\quad + \left(\frac{1}{2}q(q-1)r_3^{q-2} - 1\right)(1+M)^2 + C_{M,\overline{M}}^{(2)}\theta + \frac{1}{2}q(q-1)M^2. \end{aligned}$$

We now assume that  $\bar{M} \geq \sqrt{e}$ . Then, by Lemma 2.11,

$$q r_3^{q-1} - 2 r_3 \leq \frac{1 + 2 \ln \bar{M}}{\bar{M}} \theta r_3^q \quad \text{and} \quad \frac{1}{2} q (q-1) r_3^{q-2} - 1 \leq \frac{2 + \ln \bar{M}}{\bar{M}^2} \theta r_3^q.$$

Thus,

$$\begin{aligned} \frac{1}{2} q (q-1) M^2 + 2 M r_3 + r_3^2 + (1+r)^q - (1+r)^2 \\ \leq 2 M r_3 + \left(1 + \frac{C_M \ln \bar{M}}{\bar{M}} \theta\right) r_3^q + C_{M,\bar{M}}^{(2)} \theta + \frac{1}{2} q (q-1) M^2 \end{aligned}$$

where  $C_M$  is a constant satisfying

$$\frac{1 + 2 \ln \bar{M}}{\bar{M}} (1 + M) + \frac{2 + \ln \bar{M}}{\bar{M}^2} (1 + M)^2 \leq \frac{C_M \ln \bar{M}}{\bar{M}} \quad \text{for all } \bar{M} \geq \sqrt{e}.$$

Combining this with (15) we obtain a bound of the form (14), provided the constant  $C_{M,\bar{M}}$  satisfies

$$C_{M,\bar{M}} \geq M^{-2} C_{M,\bar{M}}^{(2)}.$$

This concludes the proof with  $C_{M,\bar{M}} = M^{-2} \max \left\{ C_{M,\bar{M}}^{(1)} + C_{\bar{M}}^{(1)}, C_{M,\bar{M}}^{(2)} \right\}$ .  $\square$

**Corollary 2.12.** *Given  $\epsilon > 0$ ,  $M > 0$ , and  $\gamma \in (0, M/2)$ , there is a constant  $C_{\gamma,\epsilon,M} > 0$  with the following property: if  $2 \leq q \leq 3$ ,  $r \in [-1, \infty)$ , then*

$$\begin{aligned} (1+r)^q - 1 - qr \leq \left(\frac{1}{2} q (q-1) + 2\gamma\theta\right) r_1^2 + \left(\frac{1}{2} q (q-1) + C_{\gamma,\epsilon,M}\theta\right) r_2^2 \\ + 2r_1 r_2 + 2(r_1 + r_2) r_3 + (1 + \epsilon\theta) r_3^q \end{aligned} \quad (16)$$

with  $r_1, r_2, r_3$  and  $\theta$  given by (12) and (13).

*Proof.* Since

$$q(q-1)r_1 r_2 = 2r_1 r_2 + (3+\theta)\theta r_1 r_2 \leq 2r_1 r_2 + 4\theta r_1 r_2 \leq 2r_1 r_2 + \frac{\gamma}{2}\theta r_1^2 + \frac{8}{\gamma}\theta r_2^2$$

and

$$C_{M,\bar{M}} M^2 \mathbb{1}_{\{r>M\}} \leq 4C_{M,\bar{M}} (M-\gamma)^2 \mathbb{1}_{\{r>M\}} \leq 4C_{M,\bar{M}} r_2^2,$$

we deduce from (14) that

$$\begin{aligned} (1+r)^q - 1 - qr \leq \left(\frac{1}{2} q (q-1) + 2\gamma\theta\right) r_1^2 + \left(\frac{1}{2} q (q-1) + \frac{8}{\gamma}\theta + 5C_{M,\bar{M}}\theta\right) r_2^2 \\ + 2r_1 r_2 + 2(r_1 + r_2) r_3 + \left(1 + C_M \theta \bar{M}^{-1} \ln \bar{M}\right) r_3^q. \end{aligned}$$

Given any  $M \geq 2\gamma$ , we choose  $\bar{M}$  such that  $\bar{M} \geq \sqrt{e}$  and  $C_M \bar{M}^{-1} \ln \bar{M} \leq \epsilon$ . Then (16) follows with  $C_{\gamma,\epsilon,M} = \frac{8}{\gamma} + 5C_{M,\bar{M}}$ .  $\square$

We will apply Corollary 2.12 for  $q$  close to 2 and the main point is how the constants depend on  $q$ . Apart from the ‘natural’ terms  $\frac{1}{2} q (q-1) r_1^2$ ,  $\frac{1}{2} q (q-1) r_2^2$ ,  $2r_1 r_2$  and  $2(r_1 + r_2) r_3$ , all other terms are multiplied by  $\theta$ , which is small in our application. Moreover, we have the freedom to choose  $\gamma$  and  $\epsilon$  as small as we please (independent of  $q$ ) and so the prefactors of the terms  $r_1^2$  and  $r_3^q$  are almost the natural ones. The price to be paid is a rather large constant in front of the error term involving  $r_2^2$ . In order to have better estimates as  $d \rightarrow +\infty$ , more work is needed.

**2.6. A detailed estimate of the deficit.** We assume that  $-1 \leq r \in H^1(\mathbb{S}^d)$  satisfies the orthogonality conditions (10) as well as the smallness condition (9) with some  $\tilde{\delta}$ , and we show that, if this  $\tilde{\delta}$  is small enough, given  $\epsilon_0 \in (0, \frac{1}{3})$ , we obtain the claimed inequality.

Given two parameters  $\epsilon_1, \epsilon_2 > 0$  we apply Corollary 2.12 with

$$\gamma = \frac{\epsilon_1}{2}, \quad \epsilon = \epsilon_2 \quad \text{and} \quad C_{\gamma, \epsilon, M} = C_{\epsilon_1, \epsilon_2}. \quad (17)$$

In terms of these parameters, we decompose  $r = r_1 + r_2 + r_3$ . We obtain

$$\int_{\mathbb{S}^d} |\nabla r|^2 d\mu = \int_{\mathbb{S}^d} |\nabla r_1|^2 d\mu + \int_{\mathbb{S}^d} |\nabla r_2|^2 d\mu + \int_{\mathbb{S}^d} |\nabla r_3|^2 d\mu$$

and, since  $r$  has mean zero,

$$\int_{\mathbb{S}^d} (1+r)^2 d\mu = 1 + \int_{\mathbb{S}^d} r^2 d\mu.$$

Moreover,

$$\int_{\mathbb{S}^d} r^2 d\mu = \int_{\mathbb{S}^d} r_1^2 d\mu + \int_{\mathbb{S}^d} r_2^2 d\mu + \int_{\mathbb{S}^d} r_3^2 d\mu + 2 \int_{\mathbb{S}^d} r_1 r_2 d\mu + 2 \int_{\mathbb{S}^d} (r_1 + r_2) r_3 d\mu.$$

According to Corollary 2.12 and using again the fact that  $r$  has mean zero, we have

$$\begin{aligned} \int_{\mathbb{S}^d} (1+r)^q d\mu &\leq 1 + \left(\frac{1}{2}q(q-1) + \epsilon_1\theta\right) \int_{\mathbb{S}^d} r_1^2 d\mu + \left(\frac{1}{2}q(q-1) + C_{\epsilon_1, \epsilon_2}\theta\right) \int_{\mathbb{S}^d} r_2^2 d\mu \\ &\quad + 2 \int_{\mathbb{S}^d} r_1 r_2 d\mu + 2 \int_{\mathbb{S}^d} (r_1 + r_2) r_3 d\mu + (1 + \epsilon_2\theta) \int_{\mathbb{S}^d} r_3^q d\mu. \end{aligned}$$

Using  $(1+x)^{2/q} \leq 1 + \frac{2}{q}x$ , we obtain

$$\begin{aligned} \left(\int_{\mathbb{S}^d} (1+r)^q d\mu\right)^{2/q} &\leq 1 + (q-1 + \frac{2}{q}\epsilon_1\theta) \int_{\mathbb{S}^d} r_1^2 d\mu + (q-1 + \frac{2}{q}C_{\epsilon_1, \epsilon_2}\theta) \int_{\mathbb{S}^d} r_2^2 d\mu \\ &\quad + \frac{4}{q} \int_{\mathbb{S}^d} r_1 r_2 d\mu + \frac{4}{q} \int_{\mathbb{S}^d} (r_1 + r_2) r_3 d\mu + \frac{2}{q}(1 + \epsilon_2\theta) \int_{\mathbb{S}^d} r_3^q d\mu \\ &\leq 1 + (q-1 + \epsilon_1\theta) \int_{\mathbb{S}^d} r_1^2 d\mu + (q-1 + C_{\epsilon_1, \epsilon_2}\theta) \int_{\mathbb{S}^d} r_2^2 d\mu \\ &\quad + 2 \int_{\mathbb{S}^d} r_1 r_2 d\mu + 2 \int_{\mathbb{S}^d} (r_1 + r_2) r_3 d\mu + \frac{2}{q}(1 + \epsilon_2\theta) \int_{\mathbb{S}^d} r_3^q d\mu. \end{aligned}$$

In the last inequality we used  $\frac{2}{q} \leq 1$ . For the final term, however, it is vital that we keep  $\frac{2}{q}$ . We thus have, for any  $0 < \epsilon_0 \leq \theta^{-1}$ ,

$$\begin{aligned} \int_{\mathbb{S}^d} (|\nabla r|^2 + A(1+r)^2) d\mu - A \left(\int_{\mathbb{S}^d} (1+r)^q d\mu\right)^{2/q} \\ &\geq \theta \epsilon_0 \int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu \\ &\quad + (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_1|^2 + A r_1^2) d\mu - A(q-1 + \epsilon_1\theta) \int_{\mathbb{S}^d} r_1^2 d\mu \\ &\quad + (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_2|^2 + A r_2^2) d\mu - A(q-1 + C_{\epsilon_1, \epsilon_2}\theta) \int_{\mathbb{S}^d} r_2^2 d\mu \\ &\quad + (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_3|^2 + A r_3^2) d\mu - \frac{2}{q} A(1 + \epsilon_2\theta) \int_{\mathbb{S}^d} r_3^q d\mu. \end{aligned}$$

With another parameter  $\sigma_0 > 0$  we define

$$\begin{aligned} I_1 &:= (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_1|^2 + A r_1^2) d\mu - A(q - 1 + \epsilon_1 \theta) \int_{\mathbb{S}^d} r_1^2 d\mu + A \sigma_0 \theta \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu, \\ I_2 &:= (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_2|^2 + A r_2^2) d\mu - A(q - 1 + (\sigma_0 + C_{\epsilon_1, \epsilon_2}) \theta) \int_{\mathbb{S}^d} r_2^2 d\mu, \\ I_3 &:= (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_3|^2 + A r_3^2) d\mu - \frac{2}{q} A(1 + \epsilon_2 \theta) \int_{\mathbb{S}^d} r_3^q d\mu - A \sigma_0 \theta \int_{\mathbb{S}^d} r_3^2 d\mu. \end{aligned}$$

We recall that  $A = \frac{1}{4} d(d - 2)$ . For later purposes, we note that  $A\theta = A(q - 2) = d$  and

$$\begin{aligned} I_1 &= (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} |\nabla r_1|^2 d\mu - d(1 + \epsilon_0 + \epsilon_1) \int_{\mathbb{S}^d} r_1^2 d\mu + d \sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu, \\ I_2 &= (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} |\nabla r_2|^2 d\mu - d(1 + \epsilon_0 + \sigma_0 + C_{\epsilon_1, \epsilon_2}) \int_{\mathbb{S}^d} r_2^2 d\mu. \end{aligned}$$

To summarize, we have

$$\int_{\mathbb{S}^d} (|\nabla r|^2 + A(1 + r)^2) d\mu - A \left( \int_{\mathbb{S}^d} (1 + r)^q d\mu \right)^{2/q} \geq \theta \epsilon_0 \int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu + \sum_{k=1}^3 I_k.$$

In the following we will show that  $I_1$ ,  $I_3$  and  $I_2$  are nonnegative, in this order.

**2.6.1. Bound on  $I_1$ .** The intuition here is the same as in the proof of the spectral gap inequality in Lemma 2.3. Namely, the lowest  $L^2$ -eigenvalue of  $\int_{\mathbb{S}^d} |\nabla u|^2 d\mu$  on functions orthogonal to spherical harmonics of degree less or equal than 1 is  $2(d+1)$ , while the term that we are subtracting corresponds to a component that is multiplied by a number only slightly larger than  $d$ . Therefore, there is space to accommodate the errors coming from  $\epsilon_0$  and  $\epsilon_1$ . Another source of an error comes from the fact that, while  $r$  is orthogonal to spherical harmonics of degree less or equal than 1,  $r_1$  need not be. However, as we will see, it nearly is. To control the corresponding error from orthogonality we need the positive terms involving  $\sigma_0$ .

**Proposition 2.13.** *For any  $0 < \epsilon_0 < \frac{1}{3}$ , there is a constant  $\bar{\sigma}_0(\gamma, \epsilon_0, \tilde{\delta}) > 0$  depending explicitly on  $\gamma$ ,  $\epsilon_0$  and  $\tilde{\delta}$  such that for all  $d \geq 6$  and all  $r \in H^1(\mathbb{S}^d)$  such that  $r \geq -1$  and satisfying (9) and (10) as in Theorem 2.1, with  $\theta$  given by (13),*

$$\epsilon_1 = \frac{1}{2} (1 - 3\epsilon_0) \tag{18}$$

and  $\sigma_0 \geq \bar{\sigma}_0(\gamma, \epsilon_0, \tilde{\delta})$ , one has

$$I_1 \geq 0.$$

Notice that  $\theta = q - 2 \leq 1$  with  $q = 2d/(d - 2)$  means  $d \geq 6$ . An expression of  $\bar{\sigma}_0$  is given below in (22).

*Proof.* We split the proof in three simple steps.

*Step 1.* Let  $\tilde{r}_1$  be the orthogonal projection of  $r_1$  onto the space of spherical harmonics of degree  $\geq 2$ , that is,

$$\tilde{r}_1 = r_1 - \int_{\mathbb{S}^d} r_1 d\mu - (d + 1) \omega \cdot \int_{\mathbb{S}^d} \omega' r_1(\omega') d\mu(\omega')$$

as  $\sqrt{d+1}\omega_j$  is  $L^2$ -normalized with respect to the uniform probability measure on the sphere for any  $j = 1, 2, \dots, N+1$ . Then

$$\begin{aligned} I_1 &= (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} |\nabla \tilde{r}_1|^2 d\mu - d(1 + \epsilon_0 + \epsilon_1) \int_{\mathbb{S}^d} \tilde{r}_1^2 d\mu + d\sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \\ &\quad - d(1 + \epsilon_0 + \epsilon_1) \left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 - d(d+1) ((1 + \theta) \epsilon_0 + \epsilon_1) \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2 \\ &\geq (2(d+1)(1 - \theta \epsilon_0) - d(1 + \epsilon_0 + \epsilon_1)) \int_{\mathbb{S}^d} \tilde{r}_1^2 d\mu + d\sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \\ &\quad - d(1 + \epsilon_0 + \epsilon_1) \left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 - d(d+1) ((1 + \theta) \epsilon_0 + \epsilon_1) \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2. \end{aligned}$$

In the equality, we used the fact that the  $\omega_j$ 's are eigenfunctions of the Laplace–Beltrami operator with eigenvalue  $d$ . In the inequality, we used the fact that the operator is bounded from below by  $2(d+1)$  on the orthogonal complement of spherical harmonics of degree less or equal than 1.

*Step 2.* With  $\epsilon_1$  given by (18), it is easy to see that for any  $\epsilon_0 < \frac{1}{3}$ , using  $\theta \leq 1$ , we have

$$2(d+1)(1 - \theta \epsilon_0) - d(1 + \epsilon_0 + \epsilon_1) \geq \frac{d}{2}(1 - 3\epsilon_0) + 2(1 - \epsilon_0) > d\epsilon_1 > 0. \quad (19)$$

Using

$$\int_{\mathbb{S}^d} \tilde{r}_1^2 d\mu = \int_{\mathbb{S}^d} r_1^2 d\mu - \left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 - (d+1) \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2$$

and  $\theta \leq 1$ , we obtain

$$\begin{aligned} \frac{1}{d} I_1 &\geq \epsilon_1 \int_{\mathbb{S}^d} \tilde{r}_1^2 d\mu + \sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \\ &\quad - (1 + \epsilon_0 + \epsilon_1) \left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 - (d+1) ((1 + \theta) \epsilon_0 + \epsilon_1) \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2 \\ &\geq \epsilon_1 \int_{\mathbb{S}^d} r_1^2 d\mu + \sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \\ &\quad - (1 + \epsilon_0) \left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 - 2(d+1) \epsilon_0 \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2. \end{aligned}$$

*Step 3.* Let us take care of the rank one terms coming from the orthogonality conditions. We will show that  $I_1 \geq 0$  for an appropriately chosen  $\sigma_0$  as a consequence of

$$(1 + \epsilon_0) \left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 + 2(d+1) \epsilon_0 \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2 \leq \epsilon_1 \int_{\mathbb{S}^d} r_1^2 d\mu + \sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu. \quad (20)$$

Let  $Y$  be one of the functions 1 and  $a \cdot \omega$ ,  $a \in \mathbb{R}^{d+1}$ . Then, since  $\int_{\mathbb{S}^d} Y r_1 d\mu = 0$  by (10),

$$\left( \int_{\mathbb{S}^d} Y r_1 d\mu \right)^2 = \left( \int_{\mathbb{S}^d} Y(r_2 + r_3) d\mu \right)^2 \leq \|Y\|_{L^4(\mathbb{S}^d)}^2 \mu(\{r_2 + r_3 > 0\})^{1/2} \|r_2 + r_3\|_{L^2(\mathbb{S}^d)}^2.$$

Since  $\{r_2 + r_3 > 0\} \subset \{r_1 \geq \gamma\}$ , we have

$$\mu(\{r_2 + r_3 > 0\}) \leq \mu(\{r_1 \geq \gamma\}) \leq \frac{1}{\gamma^2} \int_{\mathbb{S}^d} r_1^2 d\mu = \frac{1}{\gamma^2} \|r_1\|_{L^2(\mathbb{S}^d)}^2.$$

Thus we have

$$\left( \int_{\mathbb{S}^d} Y r_1 d\mu \right)^2 \leq \|Y\|_{L^4(\mathbb{S}^d)}^2 \frac{\sqrt{2\delta}}{\gamma} \|r_1\|_{L^2(\mathbb{S}^d)} \left( \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \right)^{1/2} \quad (21)$$



using  $\|r_2 + r_3\|_{L^2(\mathbb{S}^d)}^2 \leq \sqrt{2\tilde{\delta}} \left( \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \right)^{1/2}$  because  $\|r_2 + r_3\|_{L^2(\mathbb{S}^d)}^2 \leq 2 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu$  and

$$\|r_2 + r_3\|_{L^2(\mathbb{S}^d)} \leq \|r\|_{L^2(\mathbb{S}^d)} \leq \|r\|_{L^q(\mathbb{S}^d)} \leq \sqrt{\tilde{\delta}}.$$

If  $Y = 1$ , then clearly  $\|Y\|_{L^4(\mathbb{S}^d)} = 1$  and (21) gives

$$\left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 \leq \frac{\sqrt{2\tilde{\delta}}}{\gamma} \|r_1\|_{L^2(\mathbb{S}^d)} \left( \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \right)^{1/2}.$$

If  $Y = a \cdot \omega$ , then a quick computation gives

$$\|Y\|_{L^4(\mathbb{S}^d)}^4 = \frac{\int_0^\pi \cos^4 \theta \sin^{d-1} \theta d\theta}{\int_0^\pi \sin^{d-1} \theta d\theta} |a|^4 = \frac{3|a|^4}{(d+3)(d+1)} \leq \frac{3|a|^4}{(d+1)^2}.$$

From (21) applied with  $a = \int_{\mathbb{S}^d} \omega r_1 d\mu$ , we obtain

$$(d+1) \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2 = \frac{d+1}{|a|^2} \left( \int_{\mathbb{S}^d} Y r_1 d\mu \right)^2 \leq \sqrt{3} \frac{\sqrt{2\tilde{\delta}}}{\gamma} \|r_1\|_{L^2(\mathbb{S}^d)} \left( \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \right)^{1/2}.$$

Summing up, we have

$$\begin{aligned} & \epsilon_1 \|r_1\|_{L^2(\mathbb{S}^d)}^2 + \sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu - (1 + \epsilon_0) \left( \int_{\mathbb{S}^d} r_1 d\mu \right)^2 - 2(d+1) \epsilon_0 \left| \int_{\mathbb{S}^d} \omega r_1 d\mu \right|^2 \\ & \geq \epsilon_1 \|r_1\|_{L^2(\mathbb{S}^d)}^2 + \sigma_0 \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu - (1 + (2\sqrt{3} + 1) \epsilon_0) \frac{\sqrt{2\tilde{\delta}}}{\gamma} \|r_1\|_{L^2(\mathbb{S}^d)} \left( \int_{\mathbb{S}^d} (r_2^2 + r_3^2) d\mu \right)^{1/2} \end{aligned}$$

and the r.h.s. is nonnegative under a nonpositive discriminant condition which is satisfied by  $\sigma_0 \geq \bar{\sigma}_0(\gamma, \epsilon_0, \tilde{\delta})$  with

$$\bar{\sigma}_0(\gamma, \epsilon_0, \delta) := \frac{1}{2\epsilon_1} (1 + (2\sqrt{3} + 1) \epsilon_0)^2 \frac{\delta}{\gamma^2}. \quad (22)$$

This choice establishes (20) and allows us to conclude that  $I_1 \geq 0$ .  $\square$

Let us define

$$\delta_1 := \frac{4\epsilon_1 \epsilon_2 \gamma^2}{q(1 + (2\sqrt{3} + 1) \epsilon_0)^2}. \quad (23)$$

The condition  $\sigma_0 \geq \bar{\sigma}_0(\gamma, \epsilon_0, \tilde{\delta})$  of Proposition 2.13 can be inverted as follows.

**Corollary 2.14.** *For any  $0 < \epsilon_0 < \frac{1}{3}$  and  $\sigma_0 > 0$ , for all  $d \geq 6$  and all  $r \in H^1(\mathbb{S}^d)$  such that  $r \geq -1$  and satisfying (9) and (10) as in Theorem 2.1, with  $\theta$ ,  $\epsilon_1$ ,  $\epsilon_2$  and  $\delta_1$  respectively given by (13), (18), (17) and (23), if*

$$0 < \tilde{\delta} \leq \delta_1 \frac{q\sigma_0}{2\epsilon_2},$$

then one has  $I_1 \geq 0$ .

**Remark 2.15.** *The assumption  $\epsilon_0 < \frac{1}{3}$  is used in (18) to guarantee that  $\epsilon_1$  takes positive values. A less restrictive condition can be obtained by requesting that the l.h.s. in (19) is actually 0. We see that if  $\epsilon_0 < 1$ , then a similar bound as in (19), namely with  $\frac{1}{2}(1 - \epsilon_0)$  on the r.h.s., holds for all sufficiently large  $d$ , depending on  $\epsilon_0$ .*

2.6.2. *Bound on  $I_3$ .* The idea for bounding this term is to use the Sobolev inequality. The extra coefficient  $\frac{2}{q} < 1$  gives us enough room to accomodate all error terms.

**Proposition 2.16.** *Assume that  $\tilde{\delta} \in (0, 1)$  and  $0 < \epsilon_0 < \frac{1}{3}$ . With*

$$\epsilon_2 := \frac{1}{4} (1 - 3\epsilon_0) \quad (24)$$

and  $\sigma_0 = \frac{2}{q} \epsilon_2$ , for all  $d \geq 6$ , all  $\tilde{\delta} \leq 1$  and all  $r$  as in Theorem 2.1, one has

$$I_3 \geq 0.$$

*Proof.* Taking into account the choice for  $\sigma_0$ , we have

$$I_3 = (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_3|^2 + A r_3^2) d\mu - \frac{2}{q} A \left( (1 + \epsilon_2 \theta) \int_{\mathbb{S}^d} r_3^q d\mu + \epsilon_2 \theta \int_{\mathbb{S}^d} r_3^2 d\mu \right)$$

We have  $\|r_3\|_{L^q(\mathbb{S}^d)}^q \leq \|r_3\|_{L^q(\mathbb{S}^d)}^2$  because  $\|r_3\|_{L^q(\mathbb{S}^d)} \leq \|r\|_{L^q(\mathbb{S}^d)} \leq 1$  and  $\|r_3\|_{L^2(\mathbb{S}^d)} \leq \|r_3\|_{L^q(\mathbb{S}^d)}$  by Hölder's inequality. Thus, we obtain

$$\begin{aligned} I_3 &\geq (1 - \theta \epsilon_0) \int_{\mathbb{S}^d} (|\nabla r_3|^2 + A r_3^2) d\mu - A \frac{2}{q} (1 + 2\epsilon_2 \theta) \left( \int_{\mathbb{S}^d} r_3^q d\mu \right)^{2/q} \\ &\geq \frac{\theta}{q} (1 - q\epsilon_0 - 4\epsilon_2) \int_{\mathbb{S}^d} (|\nabla r_3|^2 + A r_3^2) d\mu \geq 0, \end{aligned}$$

using  $\theta = q - 2 \leq 1$  and Sobolev's inequality:  $\|\nabla r_3\|_{L^2(\mathbb{S}^d)}^2 + A \|r_3\|_{L^2(\mathbb{S}^d)}^2 \geq A \|r_3\|_{L^q(\mathbb{S}^d)}^2$ .  $\square$

**Remark 2.17.** *The restriction  $\epsilon_0 < \frac{1}{3}$  can be relaxed to  $\epsilon_0 < \frac{1}{2}$  at the expense of having the inequality valid only in sufficiently high dimensions  $d$ , depending on  $\epsilon_0$ . Indeed, ignoring the influence of  $\epsilon_2$  and  $\sigma_0$  for the moment, the inequality at the end of the previous proof requires  $1 - \frac{q}{2} \epsilon_0 > 0$  and this is possible in all sufficiently high dimensions if and only if  $\epsilon_0 < \frac{1}{2}$ . Since this inequality is strict, the errors from  $\epsilon_2$  and  $\sigma_0$  can then be accomodated as well.*

2.6.3. *Bound on  $I_2$ .* At this point in the proof, for given  $0 < \epsilon_0 < \frac{1}{3}$ , we have fixed the parameters  $\epsilon_1$  and  $\epsilon_2$  and we have found a  $\delta_3$  such that  $I_1, I_3 \geq 0$  under the assumption  $\tilde{\delta} \leq \delta_3$ . Here we show that, by further decreasing  $\tilde{\delta}$  if necessary, we can ensure that  $I_3 \geq 0$ . The idea to achieve this is to use that  $r_2$  satisfies an improved spectral gap inequality.

**Proposition 2.18.** *For any  $0 < \epsilon_0 < \frac{1}{3}$ , let  $\sigma_0 = \frac{2}{q} \epsilon_2$ . Then there is a  $\delta_2 \in (0, 1)$  such that, for all  $d \geq 6$ , all  $\tilde{\delta} \leq \delta_2$  and all  $r$  as in Theorem 2.1, one has*

$$I_2 \geq 0.$$

*Proof.* We first claim that for any  $L^2$ -normalized spherical harmonic  $Y$  of degree  $k \in \mathbb{N}$ , we have

$$\left| \int_{\mathbb{S}^d} Y r_2 d\mu \right| \leq 3^{\frac{k}{2}} \gamma^{-\frac{q}{4}} \tilde{\delta}^{\frac{q}{8}} \|r_2\|_{L^2(\mathbb{S}^d)}. \quad (25)$$

Indeed, according to [35, Theorem 1], for any such spherical harmonic and any  $p \in [2, \infty)$  we have

$$\|Y\|_{L^p(\mathbb{S}^d)} \leq (p-1)^{\frac{k}{2}}.$$

Thus, we can bound

$$\left| \int_{\mathbb{S}^d} Y r_2 d\mu \right| \leq \|Y\|_{L^4(\mathbb{S}^d)} \mu(\{r_2 > 0\})^{\frac{1}{4}} \|r_2\|_{L^2(\mathbb{S}^d)} \leq 3^{\frac{k}{2}} \mu(\{r_2 > 0\})^{\frac{1}{4}} \|r_2\|_{L^2(\mathbb{S}^d)}.$$

Meanwhile,

$$\mu(\{r_2 > 0\}) = \mu(\{r > \gamma\}) \leq \frac{1}{\gamma^q} \|r\|_{L^q(\mathbb{S}^d)}^q \leq \frac{\tilde{\delta}^{q/2}}{\gamma^q}.$$

This leads to the claimed bound (25).

If  $\pi_k r_2$  denotes the projection of  $r_2$  onto spherical harmonics of degree  $k$ , from (25) to  $Y = \pi_k r_2 / \|\pi_k r_2\|_{L^2(\mathbb{S}^d)}$ , it follows that

$$\|\Pi_k r_2\|_{L^2(\mathbb{S}^d)} \leq 3^{\frac{k}{2}} \gamma^{-\frac{q}{4}} \tilde{\delta}^{\frac{q}{8}} \|r_2\|_{L^2(\mathbb{S}^d)} .$$

Next, for any  $K \in \mathbb{N}$ , if  $\Pi_K r_2 := \sum_{k < K} \pi_k r_2$  denotes the projection of  $r_2$  onto spherical harmonics of degree less than  $K$ , then

$$\|\Pi_K r_2\|_{L^2(\mathbb{S}^d)} = \left( \sum_{k < K} \|\pi_k r_2\|_{L^2(\mathbb{S}^d)}^2 \right)^{1/2} \leq \gamma^{-\frac{q}{4}} \tilde{\delta}^{\frac{q}{8}} \|r_2\|_{L^2(\mathbb{S}^d)} \sqrt{\sum_{k < K} 3^k} \leq 3^{\frac{K}{2}} \gamma^{-\frac{q}{4}} \tilde{\delta}^{\frac{q}{8}} \|r_2\|_{L^2(\mathbb{S}^d)} .$$

From this we conclude that

$$\begin{aligned} \int_{\mathbb{S}^d} |\nabla r_2|^2 d\mu &\geq \int_{\mathbb{S}^d} |\nabla(1 - \Pi_K) r_2|^2 d\mu \\ &\geq K(K + d - 1) \int_{\mathbb{S}^d} |(1 - \Pi_K) r_2|^2 d\mu \\ &= K(K + d - 1) \left( \|r_2\|_{L^2(\mathbb{S}^d)}^2 - \|\Pi_K r_2\|_{L^2(\mathbb{S}^d)}^2 \right) \\ &\geq K(K + d - 1) \left( 1 - 3^K \gamma^{-\frac{q}{2}} \tilde{\delta}^{\frac{q}{4}} \right) \|r_2\|_{L^2(\mathbb{S}^d)}^2 . \end{aligned}$$

Consequently,

$$I_2 \geq \left( (1 - \theta \epsilon_0) K(K + d - 1) \left( 1 - 3^K \gamma^{-\frac{q}{2}} \tilde{\delta}^{\frac{q}{4}} \right) - d(1 + \epsilon_0 + \sigma_0 + C_{\epsilon_1, \epsilon_2}) \right) \|r_2\|_{L^2(\mathbb{S}^d)}^2 .$$

We choose  $K \in \mathbb{N}$  and  $\delta_2 > 0$  such that

$$K := 1 + \left\lceil 2 \frac{1 + \epsilon_0 + \sigma_0 + C_{\epsilon_1, \epsilon_2}}{1 - \epsilon_0} \right\rceil \quad \text{and} \quad \delta_2 := \frac{1}{4} \frac{\gamma^2}{3^{2K}} \quad (26)$$

where  $[x]$  denotes the integer part of  $x \in \mathbb{R}$  and  $\delta_3$  is given by (24). From the definition of  $\delta_2$ , if  $\tilde{\delta} \leq \delta_2$ , we have  $1 - 3^K \gamma^{-\frac{q}{2}} \tilde{\delta}^{\frac{q}{4}} \geq \frac{1}{2}$  and conclude that  $I_2 \geq 0$  because  $K + d - 1 \geq d$ .  $\square$

**2.7. Proof of Theorem 2.1.** We assume that  $d \geq 6$  and fix some  $\epsilon_0 \in (0, 1/3)$ . With the choice

$$\gamma = \epsilon_2 = 2\epsilon_1 = \frac{1}{4}(1 - 3\epsilon_0) \quad \text{and} \quad \sigma_0 = \frac{2}{q}\epsilon_2$$

according to (17), (18), and (24) on the one hand so that the assumptions of Corollary 2.14, Proposition 2.16 and Proposition 2.18 are fulfilled, and an arbitrary choice of

$$M \geq 2\gamma, \quad \bar{M} \geq \sqrt{e} \quad \text{and} \quad \epsilon = \gamma$$

which determines  $C_{\epsilon_1, \epsilon_2} = C_{\gamma, \epsilon, M}$  according to (17) on the other hand, the condition

$$\tilde{\delta} = \min \{ \delta_1, \delta_2 \}$$

with  $\delta_1$  and  $\delta_2$  given by (23) and (26), we claim that  $I_1, I_2$  and  $I_3$  are nonnegative, which completes the proof of Theorem 2.1 for  $q \leq 3$ , that is  $d \geq 6$ . The assertion for  $d = 3, 4, 5$  follows from the result proved in Subsection 2.4.  $\square$

### 3. FROM A LOCAL TO A GLOBAL STABILITY RESULT

We work with nonnegative functions in Section 3.1 and extend the method to sign-changing functions in Section 3.2. Our goal is to prove Theorem 1.1: see Section 3.3.

**3.1. Nonnegative functions away from the manifold of optimizers.** Here we prove a stability inequality for nonnegative functions that are ‘far’ away from the manifold of optimizers. With  $\mathcal{E}$  defined by (5), let us introduce

$$\mathcal{I}(\delta) := \inf \left\{ \mathcal{E}(f) : 0 \leq f \in \dot{H}^1(\mathbb{R}^d) \setminus \mathcal{M}, \inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 \leq \delta \|\nabla f\|_2^2 \right\}. \quad (27)$$

**Theorem 3.1.** *Let  $\delta \in (0, 1)$  and assume that  $0 \leq f \in \dot{H}^1(\mathbb{R}^d) \setminus \mathcal{M}$  satisfies*

$$\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 \geq \delta \|\nabla f\|_2^2.$$

*Then, with  $\mathcal{I}(\delta)$  defined by (27), we have*

$$\mathcal{E}(f) \geq \delta \mathcal{I}(\delta).$$

We will prove this theorem by symmetrization. First, we will use a discrete symmetrization procedure to get somewhat close to the manifold, then we will use a further continuous symmetrization procedure to fine tune the distance to the manifold.

**3.1.1. Competing symmetries.** The functional  $\mathcal{E}(f)$  is conformally invariant in the sense that if  $C : \mathbb{R}^d \cup \{\infty\} \rightarrow \mathbb{R}^d \cup \{\infty\}$  is a conformal map, the function

$$f_C(x) = |\det DC(x)|^{1/2^*} f(C(x))$$

satisfies

$$\mathcal{E}(f_C) = \mathcal{E}(f).$$

In order to verify this, we recall that any conformal map is a composition of scalings, translations, rotations and inversions. For scalings, translations and rotations in  $\mathbb{R}^d$  the claimed invariance is easy to see. The additional map to consider is the inversion  $I(x) = \frac{x}{|x|^2}$  and a straightforward change of variables shows that

$$\|\nabla f_I\|_2^2 = \|\nabla f\|_2^2, \quad \|f_I\|_{2^*}^2 = \|f\|_{2^*}^2.$$

The equality

$$\inf_{g \in \mathcal{M}} \|\nabla(f_I - g)\|_2^2 = \inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2$$

follows from

$$\inf_{g \in \mathcal{M}} \|\nabla(f_I - g)\|_2^2 = \inf_{g \in \mathcal{M}} \|\nabla(f - g_I)\|_2^2 = \inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2$$

since  $I^2 = I$  and  $g \rightarrow g_I$  maps the set  $\mathcal{M}$  to itself in a one-to-one and onto fashion.

Another and perhaps easier way to see the conformal invariance is to pull the problem up to the sphere via the stereographic projection, as discussed in Section 2.1. On the sphere the inversion  $I$  takes the form of the reflection  $(s_1, \dots, s_d, s_{d+1}) \rightarrow (s_1, \dots, s_d, -s_{d+1})$ , which clearly leaves the functional on the sphere unchanged.

A second ingredient for the construction of the discrete symmetrization flow is the technique of ‘competing symmetries’, invented in [23]. Consider any nonnegative function  $f \in \dot{H}^1(\mathbb{R}^d)$  and its counterpart  $F \in H^1(\mathbb{S}^d)$  given by (8). Set

$$(UF)(\omega) = F(\omega_1, \omega_2, \dots, \omega_{d+1}, -\omega_d),$$

which corresponds to a rotation by  $\pi/2$  that maps the ‘north pole’ axis  $(0, 0, \dots, 1)$  to  $(0, \dots, 1, 0)$ . Reversing (8) the function on  $\mathbb{R}^d$  that corresponds to  $UF$  is given by

$$(Uf)(x) = \left( \frac{2}{|x - e_d|^2} \right)^{\frac{d-2}{2}} f \left( \frac{x_1}{|x - e_d|^2}, \dots, \frac{x_{d-1}}{|x - e_d|^2}, \frac{|x|^2 - 1}{|x - e_d|^2} \right), \quad (28)$$

where  $e_d = (0, \dots, 0, 1) \in \mathbb{R}^d$ . It follows that

$$\mathcal{E}(Uf) = \mathcal{E}(f).$$

The operation  $U$  is obviously linear, invertible and an isometry on  $L^{2^*}(\mathbb{R}^d)$ .

We also consider the symmetric decreasing rearrangement

$$\mathcal{R}f(x) = f^*(x).$$

The most important properties are that  $f$  and  $f^*$  are equimeasurable and that  $\|\nabla f^*\|_2 \leq \|\nabla f\|_2$ . For elementary properties of rearrangements the reader may consult [57]. Being equimeasurable, this map is also an isometry on  $L^{2^*}(\mathbb{R}^d)$ . It is when using the decreasing rearrangement that we use the fact that  $f$  is a nonnegative function. For functions that change sign one conventionally defines their rearrangement as the rearrangement of their absolute value. Passing from a function to its absolute value does not alter the numerator of  $\mathcal{E}(f)$  but may decrease the denominator so that other arguments are needed.

On  $\mathbb{R}^d$ , let

$$g_*(x) := |\mathbb{S}^d|^{-\frac{d-2}{2d}} \left( \frac{2}{1+|x|^2} \right)^{\frac{d-2}{2}}. \quad (29)$$

Note that  $\|g_*\|_{2^*} = 1$  because it is obtained as the stereographic projection of the constant function on  $\mathbb{S}^d$  with  $2^*$ -norm equal to 1. The following theorem was proved in [23].

**Theorem 3.2.** *Let  $f \in L^{2^*}(\mathbb{R}^d)$  be a nonnegative function. Consider the sequence  $(f_n)_{n \in \mathbb{N}}$  of functions*

$$f_n = (\mathcal{R}U)^n f \quad \forall n \in \mathbb{N}. \quad (30)$$

Then

$$\lim_{n \rightarrow \infty} \|f_n - h_f\|_{2^*} = 0$$

where  $h_f = \|f\|_{2^*} g_* \in \mathcal{M}$ . Moreover, if  $f \in \dot{H}^1(\mathbb{R}^d)$ , then  $(\|\nabla f_n\|_2^2)_{n \in \mathbb{N}}$  is a nonincreasing sequence.

It does not seem clear whether the functional  $\mathcal{E}(f)$  decreases or increases under rearrangement. The next lemma helps to explain this point. Define  $\mathcal{M}_1$  to be the set of the elements in  $\mathcal{M}$  with  $2^*$ -norm equal to 1.

**Lemma 3.3.** *For any  $f \in \dot{H}^1(\mathbb{R}^d)$ , we have*

$$\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 = \|\nabla f\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} (f, g^{2^*-1})^2.$$

Here and in the sequel,  $(\cdot, \cdot)$  is the  $L^2(\mathbb{R}^d)$  inner product or, more precisely, the duality pairing between  $L^{2^*}(\mathbb{R}^d)$  and  $L^{(2^*)}'(\mathbb{R}^d)$ .

*Proof.* Let  $g$  be any Aubin–Talenti function. The function  $g$  is an optimizer of the Sobolev inequality, i.e.,  $\|\nabla g\|_2^2 = S_d \|g\|_{2^*}^2 = S_d$  and is a solution of the Sobolev equation

$$-\Delta g = S_d \frac{g^{2^*-1}}{\|g\|_{2^*}^{2^*-2}} = S_d g^{2^*-1}. \quad (31)$$

Hence for any nonnegative constant  $c$ , if  $\|g\|_{2^*} = 1$ , we find

$$\|\nabla(f - cg)\|_2^2 = \|\nabla f\|_2^2 - 2c(\nabla f, \nabla g) + c^2 \|\nabla g\|_2^2 = \|\nabla f\|_2^2 - 2c S_d (f, g^{2^*-1}) + S_d c^2$$

and minimizing with respect to  $c$  we find the lower bound  $\|\nabla f\|_2^2 - S_d (f, g^{2^*-1})^2$ , which proves the lemma.  $\square$

We note that, under the decreasing rearrangement, the term  $\|\nabla f\|_2^2$  does not increase whereas the term  $\sup_{g \in \mathcal{M}_1} (f, g^{2^*-1})^2$  increases. To see this, note that the supremum is attained at some Aubin–Talenti function of the form (1), which is a strictly symmetric decreasing function about some point  $b \in \mathbb{R}^d$ . Replacing  $f$  by its symmetric decreasing rearrangement about that point increases  $(f, g^{2^*-1})^2$ , in fact strictly unless  $f$  is already symmetric decreasing about the point  $b$ . Thus, while

the numerator in  $\mathcal{E}(f)$  decreases under rearrangements, so does the denominator and there are no direct conclusions to be drawn from this. The next lemma summarizes what we have shown.

**Lemma 3.4.** *For the sequence  $(f_n)_{n \in \mathbb{N}}$  in Theorem 3.2 we have that  $n \mapsto \sup_{g \in \mathcal{M}_1} (f_n, g^{2^*-1})^2$  is strictly increasing,  $n \mapsto \inf_{g \in \mathcal{M}} \|\nabla f_n - \nabla g\|_2^2$  is strictly decreasing and*

$$\lim_{n \rightarrow \infty} \inf_{g \in \mathcal{M}} \|\nabla f_n - \nabla g\|_2^2 = \lim_{n \rightarrow \infty} \|\nabla f_n\|_2^2 - S_d \|h_f\|_{2^*}^2 = \lim_{n \rightarrow \infty} \|\nabla f_n\|_2^2 - S_d \|f\|_{2^*}^2.$$

*Proof.* From

$$\inf_{g \in \mathcal{M}} \|\nabla f_n - \nabla g\|_2^2 = \|\nabla f_n\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} (f_n, g^{2^*-1})^2$$

we see that the first term converges since  $(\|\nabla f_n\|_2^2)_{n \in \mathbb{N}}$  is a nonincreasing sequence. For the second term, which is strictly increasing, we have by Hölder's inequality

$$\sup_{g \in \mathcal{M}_1} (f_n, g^{2^*-1})^2 \leq \|f_n\|_{2^*}^2 = \|f\|_{2^*}^2$$

and since  $g_*$  as defined in (29) is in  $\mathcal{M}_1$  we have

$$\liminf_{n \rightarrow \infty} \sup_{g \in \mathcal{M}_1} (f_n, g^{2^*-1})^2 \geq \liminf_{n \rightarrow \infty} (f_n, g_*^{2^*-1})^2 = \|f\|_{2^*}^2$$

by Theorem 3.2. □

**Lemma 3.5.** *Assume that  $0 \leq f \in \dot{H}^1(\mathbb{R}^d) \setminus \mathcal{M}$  satisfies*

$$\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 \geq \delta \|\nabla f\|_2^2$$

and let  $(f_n)_{n \in \mathbb{N}}$  be the sequence defined by (30). Then one of the following alternatives holds:

(a) for all  $n = 0, 1, 2, \dots$  we have

$$\inf_{g \in \mathcal{M}} \|\nabla f_n - \nabla g\|_2^2 \geq \delta \|\nabla f_n\|_2^2$$

(b) there is a natural number  $n_0$  such that

$$\inf_{g \in \mathcal{M}} \|\nabla f_{n_0} - \nabla g\|_2^2 \geq \delta \|\nabla f_{n_0}\|_2^2$$

and

$$\inf_{g \in \mathcal{M}} \|\nabla f_{n_0+1} - \nabla g\|_2^2 < \delta \|\nabla f_{n_0+1}\|_2^2.$$

*Proof.* Assume that alternative (a) does not hold. Then there is a largest value  $n_0 \geq 0$  such that  $\inf_{g \in \mathcal{M}} \|\nabla f_{n_0} - \nabla g\|_2^2 \geq \delta \|\nabla f_{n_0}\|_2^2$ . □

**Lemma 3.6.** *Assume that  $0 \leq f \in \dot{H}^1(\mathbb{R}^d) \setminus \mathcal{M}$  satisfies*

$$\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 \geq \delta \|\nabla f\|_2^2$$

and suppose that in Lemma 3.5 alternative (a) holds for the sequence  $(f_n)_{n \in \mathbb{N}}$  defined by (30). Then

$$\mathcal{E}(f) \geq \delta.$$

*Proof.* We have

$$\mathcal{E}(f) = \frac{\|\nabla f\|_2^2 - S_d \|f\|_{2^*}^2}{\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2} \geq \frac{\|\nabla f\|_2^2 - S_d \|f\|_{2^*}^2}{\|\nabla f\|_2^2} \geq \frac{\|\nabla f_n\|_2^2 - S_d \|f\|_{2^*}^2}{\|\nabla f_n\|_2^2}, \quad (32)$$

where the second inequality is a consequence of  $\|\nabla f_n\|_2^2 \leq \|\nabla f\|_2^2$  for all  $n = 0, 1, 2, \dots$  proved in Theorem 3.2. By the assumption that alternative (a) holds and by Lemma 3.4, we learn that

$$\lim_{n \rightarrow \infty} \|\nabla f_n\|_2^2 \leq \frac{1}{\delta} \lim_{n \rightarrow \infty} \inf_{g \in \mathcal{M}} \|\nabla f_n - \nabla g\|_2^2 = \frac{1}{\delta} \left( \lim_{n \rightarrow \infty} \|\nabla f_n\|_2^2 - S_d \|f\|_{2^*}^2 \right).$$

Since

$$\lim_{n \rightarrow \infty} \|\nabla f_n\|_2^2 - S_d \|f\|_{2^*}^2 \geq \delta \lim_{n \rightarrow \infty} \|\nabla f_n\|_2^2 \geq \delta S_d \lim_{n \rightarrow \infty} \|f_n\|_{2^*}^2 = \delta S_d \|f\|_{2^*}^2 > 0,$$

we can take the limit as  $n \rightarrow \infty$  on the right side of (32) and compute the limit of the quotient as the quotient of the limits. This proves the lemma.  $\square$

3.1.2. *Continuous rearrangement.* Next, we analyze the case where the alternative (b) in Lemma 3.5 holds. We recall that  $\mathcal{I}(\delta)$  was defined in (27).

**Lemma 3.7.** *For any  $\delta \in (0, 1]$ , we have  $\mathcal{I}(\delta) \leq 1$ .*

*Proof.* By Lemma 3.3, we have

$$\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 = \|\nabla f\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} \left( f, g^{2^*-1} \right)^2$$

and it follows from Hölder's inequality that

$$\sup_{g \in \mathcal{M}_1} \left( f, g^{2^*-1} \right)^2 \leq \|f\|_{2^*}^2.$$

Thus, the denominator in  $\mathcal{E}(f)$  that enters the definition of  $\mathcal{I}(\delta)$  is at least as large as the numerator, so the quotient is at most 1.  $\square$

Our goal in this subsection is to prove the following lower bound on  $\mathcal{E}(f)$ .

**Lemma 3.8.** *Assume that  $0 \leq f \in \dot{H}^1(\mathbb{R}^d) \setminus \mathcal{M}$  satisfies*

$$\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 \geq \delta \|\nabla f\|_2^2$$

for some  $\delta \in (0, 1)$  and suppose that in Lemma 3.5 alternative (b) holds for the sequence  $(f_n)_{n \in \mathbb{N}}$  of Theorem 3.2 defined by (30). Then, with  $\mathcal{I}(\delta)$  defined by (27), we have

$$\mathcal{E}(f) \geq \delta \mathcal{I}(\delta).$$

For the proof of this lemma we introduce a continuous rearrangement flow that interpolates between a function and its symmetric decreasing rearrangement. The basic ingredient for this flow is similar to a flow that Brock introduced [15, 16] and that interpolates between a function and its Steiner symmetrization with respect to a given hyperplane. Brock's construction, in turn, is based on ideas of Rogers [63] and Brascamp–Lieb–Luttinger [11]. Our flow is obtained by glueing together infinitely many copies of Brock's flows with respect to a sequence of judiciously chosen hyperplanes. A similar construction was performed by Bucur and Henrot [17]; see also [27].

More specifically, for a given hyperplane  $H$ , Brock's flow interpolates between a given function  $f$  and  $f^{*H}$ , the Steiner symmetrized function with respect to  $H$ . The family that interpolates between  $f$  and  $f^{*H}$  is denoted by  $f_\tau^H$ ,  $\tau \in [0, \infty]$ , and we have

$$f_0 = f, \quad f_\infty^H = f^{*H}.$$

Further, for any  $\tau$ ,  $f_\tau^H$  and  $f$  are equimeasurable, *i.e.*,

$$\left| \left\{ x \in \mathbb{R}^d : f_\tau^H(x) > t \right\} \right| = \left| \left\{ x \in \mathbb{R}^d : f(x) > t \right\} \right| \quad \forall t > 0.$$

Moreover, if  $f \in L^p(\mathbb{R}^d)$  for some  $1 \leq p < \infty$ , then  $\tau \mapsto f_\tau^H$  is continuous in  $L^p(\mathbb{R}^d)$ .

By choosing a sequence of hyperplanes we construct another flow  $\tau \mapsto f_\tau$  that has the same properties but interpolates between  $f$  and  $f^*$ , the symmetric decreasing rearrangement. In Appendix A we explain this in more detail and prove the following properties that are important for our proof, assuming  $f \in \dot{H}^1(\mathbb{R}^d)$ . From the  $L^{2^*}(\mathbb{R}^d)$  continuity of the flow we will deduce that

$$\lim_{\tau \rightarrow \tau_0} \sup_{g \in \mathcal{M}_1} (f_\tau, g)^2 = \sup_{g \in \mathcal{M}_1} (f_{\tau_0}, g)^2. \quad (33)$$

Concerning the gradient we prove the monotonicity

$$\|\nabla f_{\tau_2}\|_2 \leq \|\nabla f_{\tau_1}\|_2, \quad 0 \leq \tau_1 \leq \tau_2 \leq \infty,$$

and the right continuity

$$\lim_{\tau_2 \rightarrow \tau_1^+} \|\nabla f_{\tau_2}\|_2 = \|\nabla f_{\tau_1}\|_2, \quad 0 \leq \tau_1 < \infty. \quad (34)$$

*Proof of Lemma 3.8.* We begin by motivating and explaining the strategy of the proof. As before, we bound

$$\mathcal{E}(f) = \frac{\|\nabla f\|_2^2 - S_d \|f\|_{2^*}^2}{\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2} \geq \frac{\|\nabla f\|_2^2 - S_d \|f\|_{2^*}^2}{\|\nabla f\|_2^2} \geq \frac{\|\nabla f_{n_0}\|_2^2 - S_d \|f_{n_0}\|_{2^*}^2}{\|\nabla f_{n_0}\|_2^2}. \quad (35)$$

We could bound the right side further from below by replacing  $f_{n_0}$  by  $f_{n_0+1}$ . This bound, however, might be too crude for our purposes and we proceed differently. The move from  $f_{n_0}$  to  $f_{n_0+1}$  consists of two steps, namely first applying a conformal rotation and second applying symmetric decreasing rearrangement. The first step leaves all terms on the right side invariant and we do carry out this step. The second step leaves the  $2^*$ -norm invariant, while the gradient term does not go up. In fact, the gradient term might go down too far. Therefore, we replace the application of the rearrangement by a continuous rearrangement flow. In order to make the notation less cumbersome we shall denote  $Uf_{n_0}$  by  $f_0$  where  $U$  denotes the conformal rotation (28). We denote by  $f_\tau$ ,  $0 \leq \tau \leq \infty$ , the continuous rearrangement starting at  $f_0$  and let

$$f_\infty = f_{n_0+1}. \quad (36)$$

Ideally, we would like to find  $\tau_0 \in [0, \infty)$  such that

$$\inf_{g \in \mathcal{M}} \|\nabla f_{\tau_0} - \nabla g\|_2^2 = \delta \|\nabla f_{\tau_0}\|_2^2.$$

Then the right side of (35) is equal to

$$1 - S_d \frac{\|f_0\|_{2^*}^2}{\|\nabla f_0\|_2^2} \geq 1 - S_d \frac{\|f_{\tau_0}\|_{2^*}^2}{\|\nabla f_{\tau_0}\|_2^2} = \delta \frac{\|\nabla f_{\tau_0}\|_2^2 - S_d \|f_{\tau_0}\|_{2^*}^2}{\inf_{g \in \mathcal{M}} \|\nabla f_{\tau_0} - \nabla g\|_2^2},$$

which can be bounded from below by  $\delta \mathcal{I}(\delta)$ , since  $f_{\tau_0}$  is admissible in the infimum (27). This would prove the desired bound.

The problem with this argument is that the existence of such a  $\tau_0 \in [0, \infty)$  is in general not clear, since neither of the terms  $\inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2$  and  $\|\nabla f_\tau\|_2^2$  needs to be continuous in  $\tau$ . Nevertheless, we will be able to adapt the above argument to yield the same conclusion.

We now turn to the details of the argument. Recalling that

$$\inf_{g \in \mathcal{M}} \|\nabla f_0 - \nabla g\|_2^2 \geq \delta \|\nabla f_0\|_2^2,$$

we define

$$\tau_0 := \inf \left\{ \tau \geq 0 : \inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2 < \delta \|\nabla f_\tau\|_2^2 \right\}$$

with the convention that  $\inf \emptyset = \infty$ . If  $\tau < \tau_0 \in (0, \infty]$ , similarly as before, the right side of (35) is equal to

$$\frac{\|\nabla f_0\|_2^2 - S_d \|f_0\|_{2^*}^2}{\|\nabla f_0\|_2^2} = 1 - S_d \frac{\|f_0\|_{2^*}^2}{\|\nabla f_0\|_2^2} \geq \frac{\|\nabla f_\tau\|_2^2 - S_d \|f_\tau\|_{2^*}^2}{\|\nabla f_\tau\|_2^2} \geq \delta \frac{\|\nabla f_\tau\|_2^2 - S_d \|f_\tau\|_{2^*}^2}{\inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2},$$

where the last inequality arises from  $\inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2 \geq \delta \|\nabla f_\tau\|_2^2$  for any  $\tau \in [0, \tau_0)$ . Taking the limit inferior as  $\tau \rightarrow \tau_0^-$ , we obtain

$$\frac{\|\nabla f_0\|_2^2 - S_d \|f_0\|_{2^*}^2}{\|\nabla f_0\|_2^2} \geq \delta \frac{\lim_{\tau \rightarrow \tau_0^-} \|\nabla f_\tau\|_2^2 - S_d \|f_{\tau_0}\|_{2^*}^2}{\liminf_{\tau \rightarrow \tau_0^-} \inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2}. \quad (37)$$



Note that the denominator appearing here does not vanish. Indeed, we have

$$\inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2 \geq \delta \|\nabla f_\tau\|_2^2 \geq \delta S_d \|f_\tau\|_{2^*}^2 = \delta S_d \|f\|_{2^*}^2 > 0 \quad \forall \tau \in [0, \tau_0)$$

and, as a consequence,

$$\liminf_{\tau \rightarrow \tau_0^-} \inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2 \geq \delta S_d \|f\|_{2^*}^2 > 0.$$

The same inequality (37) remains valid if  $\tau_0 = 0$  and if we interpret  $\lim_{\tau \rightarrow \tau_0^-}$  and  $\liminf_{\tau \rightarrow \tau_0^-}$  as evaluating at  $\tau_0 = 0$ .

At this point we find it convenient to apply Lemma 3.3 and use the representation

$$\inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2 = \|\nabla f_\tau\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} (f_\tau, g^{2^*-1})^2.$$

Using (33), that is, the continuity of  $\tau \mapsto \sup_{g \in \mathcal{M}_1} (f_\tau, g^{2^*-1})^2$ , we see that

$$\liminf_{\tau \rightarrow \tau_0^-} \inf_{g \in \mathcal{M}} \|\nabla f_\tau - \nabla g\|_2^2 = \lim_{\tau \rightarrow \tau_0^-} \|\nabla f_\tau\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} (f_{\tau_0}, g^{2^*-1})^2.$$

Thus, the relevant quotient is equal to

$$\frac{\lim_{\tau \rightarrow \tau_0^-} \|\nabla f_\tau\|_2^2 - S_d \|f_{\tau_0}\|_{2^*}^2}{\lim_{\tau \rightarrow \tau_0^-} \|\nabla f_\tau\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} (f_{\tau_0}, g^{2^*-1})^2}. \quad (38)$$

Our goal in the remainder of this proof is to show that this quotient is larger or equal than  $\mathcal{S}(\delta)$ . We will use the fact that

$$\sup_{g \in \mathcal{M}_1} (f_{\tau_0}, g^{2^*-1})^2 \leq \|f_{\tau_0}\|_{2^*}^2, \quad (39)$$

which follows from Hölder's inequality. We also note that equality holds here if and only if  $f_{\tau_0} \in \mathcal{M}$ .

Let us first handle the case where  $f_{\tau_0} \in \mathcal{M}$ . Then by (3.1.2) and because of equality in (39), the quotient (38) is equal to 1, which by Lemma 3.7 can be further bounded from below by  $\mathcal{S}(\delta)$ , leading to the claimed bound. This completes the proof in the case  $f_{\tau_0} \in \mathcal{M}$  and in what follows we assume

$$f_{\tau_0} \notin \mathcal{M}.$$

As a consequence of this assumption and (39), we have

$$\|\nabla f_{\tau_0}\|_2^2 > S_d \|f_{\tau_0}\|_{2^*}^2 \geq S_d \sup_{g \in \mathcal{M}_1} (f_{\tau_0}, g^{2^*-1})^2. \quad (40)$$

Next, we observe that for  $\alpha > \beta$  the function  $x \mapsto (x - \alpha)/(x - \beta)$  is monotone increasing on the interval  $(\beta, \infty)$ . This, together with the strict inequality in (40), implies that the quotient (38) can be bounded from below by

$$\frac{\lim_{\tau \rightarrow \tau_0^-} \|\nabla f_\tau\|_2^2 - S_d \|f_{\tau_0}\|_{2^*}^2}{\lim_{\tau \rightarrow \tau_0^-} \|\nabla f_\tau\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} (f_{\tau_0}, g^{2^*-1})^2} \geq \frac{\|\nabla f_{\tau_0}\|_2^2 - S_d \|f_{\tau_0}\|_{2^*}^2}{\|\nabla f_{\tau_0}\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} (f_{\tau_0}, g^{2^*-1})^2}. \quad (41)$$

We now claim that

$$\inf_{g \in \mathcal{M}} \|\nabla f_{\tau_0} - \nabla g\|_2^2 \leq \delta \|\nabla f_{\tau_0}\|_2^2. \quad (42)$$

Once this is proved, we can bound the right side of (41) from below by  $\mathcal{S}(\delta)$ . This inequality is the claimed inequality after taking into account (37).

To prove (42), we first note that it is verified if  $\tau_0 = \infty$ . Indeed,  $f_\infty = f_{n_0+1}$  by (36) and therefore, by assumption of alternative (b),  $\inf_{g \in \mathcal{M}} \|\nabla f_\infty - \nabla g\|_2^2 < \delta \|\nabla f_\infty\|_2^2$ .

Now let  $\tau_0 < \infty$ . We argue by contradiction and assume that

$$\inf_{g \in \mathcal{M}} \|\nabla f_{\tau_0} - \nabla g\|_2^2 > \delta \|\nabla f_{\tau_0}\|_2^2. \quad (43)$$

Because of this strict inequality and the definition of  $\tau_0$  there are  $\sigma_k \in (\tau_0, \infty)$  for any  $k \in \mathbb{N}$  with  $\lim_{k \rightarrow \infty} \sigma_k = \tau_0$  such that  $\inf_{g \in \mathcal{M}} \|\nabla f_{\sigma_k} - \nabla g\|_2^2 < \delta \|\nabla f_{\sigma_k}\|_2^2$ , that is,

$$\|\nabla f_{\sigma_k}\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} \left( f_{\sigma_k}, g^{2^*-1} \right)^2 < \delta \|\nabla f_{\sigma_k}\|_2^2 \quad \forall k \in \mathbb{N}.$$

Letting  $k \rightarrow \infty$  and using (33) as well as the right continuity of  $\|\nabla f_\tau\|_2^2$ , see (34), we deduce that

$$\|\nabla f_{\tau_0}\|_2^2 - S_d \sup_{g \in \mathcal{M}_1} \left( f_{\tau_0}, g^{2^*-1} \right)^2 \leq \delta \|\nabla f_{\tau_0}\|_2^2.$$

This is the same as  $\inf_{g \in \mathcal{M}} \|\nabla f_{\tau_0} - \nabla g\|_2^2 \leq \delta \|\nabla f_{\tau_0}\|_2^2$  and contradicts (43). This proves (42) and completes the proof of the lemma.  $\square$

**Remark 3.9.** *The above argument would be simpler if  $\tau \mapsto \|\nabla f_\tau\|_2^2$  were continuous for an appropriate choice of hyperplanes (see Appendix A) in the definition of the flow. Since the flow is weakly continuous in  $\dot{H}^1(\mathbb{R}^d)$ , continuity of the norm is equivalent to (strong) continuity of the flow in  $\dot{H}^1(\mathbb{R}^d)$ . Thus, for continuity of the norm for an appropriate choice of hyperplanes, it is necessary that there is such a choice for which the Steiner symmetrizations approximate  $f^*$  in  $\dot{H}^1(\mathbb{R}^d)$ . According to a theorem of Burchard [18] this holds if and only if  $f$  is co-area regular, i.e. if and only if the distribution function*

$$h \mapsto |\{x \in \mathbb{R}^d : f(x) > h, \nabla f(x) = 0\}|$$

has no absolutely continuous component. As shown by Almgren and Lieb [1], both co-area regular and co-area irregular functions are dense for  $d \geq 2$ .

**3.1.3. Proof of Theorem 3.1.** It is now easy to prove the main result of this section, Theorem 3.1. Let  $\delta \in (0, 1)$  and assume that  $0 \leq f \in \dot{H}^1(\mathbb{R}^d) \setminus \mathcal{M}$  satisfies

$$\inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_2^2 \geq \delta \|\nabla f\|_2^2.$$

By Lemma 3.5 either alternative (a) or (b) holds. In the first case, we apply Lemmas 3.6 and 3.7, and in the second case, we apply Lemma 3.8. This completes the proof.  $\square$

**3.2. From nonnegative functions to arbitrary functions.** We recall that  $\mathcal{C}_{d, \text{BE}}$  denotes the optimal constant in (2). Similarly, we denote by  $\mathcal{C}_{d, \text{BE}}^{\text{pos}}$  the optimal constant in (2) when restricted to nonnegative functions  $f$ . Thus,  $\mathcal{C}_{d, \text{BE}}^{\text{pos}} \geq \mathcal{C}_{d, \text{BE}}$ . We do not know whether these two constants coincide or not. The main result in this section will be to prove the following lower bound on  $\mathcal{C}_{d, \text{BE}}$  in terms of  $\mathcal{C}_{d, \text{BE}}^{\text{pos}}$ .

**Proposition 3.10.** *For any  $d \geq 3$ ,*

$$\mathcal{C}_{d, \text{BE}} \geq \min \left\{ \frac{1}{2} \mathcal{C}_{d, \text{BE}}^{\text{pos}}, 1 - 2^{-\frac{2}{d}} \right\}.$$

*Proof.* To simplify the notation, given a function  $v \in \dot{H}^1(\mathbb{R}^d)$ , we define the deficit

$$D(v) := \|\nabla v\|_{L^2(\mathbb{R}^d)}^2 - S_d \|v\|_{L^{2^*}(\mathbb{R}^d)}^2 = \|v\|_{L^{2^*}(\mathbb{R}^d)}^2 \delta_{\text{Sob}}(v).$$

Also, we set  $\alpha_d := \frac{2}{2^*} = 1 - \frac{2}{d} < 1$ ,

$$h(p) := p^{\alpha_d} + (1-p)^{\alpha_d} - 1, \quad \text{and} \quad h_d := h\left(\frac{1}{2}\right) = 2^{1-\alpha_d} - 1 = 2^{\frac{2}{d}} - 1.$$

Let us consider a function  $u \in \dot{H}^1(\mathbb{R}^d)$ . By homogeneity we can assume that  $\|u\|_{L^{2^*}(\mathbb{R}^d)} = 1$ . Let  $u_\pm$  denote the positive and negative parts of  $u$ , set

$$m := \|u_-\|_{L^{2^*}(\mathbb{R}^d)}^{2^*},$$

and assume (without loss of generality) that

$$m \in [0, 1/2]. \quad (44)$$

Note that  $\|u_+\|_{L^{2^*}(\mathbb{R}^d)}^2 = 1 - m$  and  $\|\nabla u\|_{L^2(\mathbb{R}^d)}^2 = \|\nabla u_-\|_{L^2(\mathbb{R}^d)}^2 + \|\nabla u_+\|_{L^2(\mathbb{R}^d)}^2$ . Hence, we have

$$D(u) = \|\nabla u\|_{L^2(\mathbb{R}^d)}^2 - S_d = D(u_+) + D(u_-) + S_d h(m). \quad (45)$$

Since the function  $p \mapsto h(p)$  is monotone increasing and concave on  $[0, 1/2]$ , we have

$$2 h_d p \leq h(p). \quad (46)$$

Also, if we set  $\xi_d := 2(1 - 2^{-\alpha_d})$ , the function  $f(p) := (1 - p)^{\alpha_d} - 1 + \xi_d p$  satisfies  $f(0) = f(1/2) = 0$  and  $f''(p) \leq 0$ , so that  $f(p) \geq 0$  for all  $p \in [0, 1/2]$ . Hence, by (44), we have

$$(1 - p)^{\alpha_d} \geq 1 - \xi_d p,$$

which, by the definition of  $h(p)$ , yields

$$h(p) \geq p^{\alpha_d} - \xi_d p.$$

Combining this bound with (46), this gives

$$\left(1 + \frac{\xi_d}{2h_d}\right) h(p) \geq p^{\alpha_d}.$$

Therefore, recalling (45) and noticing that  $D(u_-) + S_d m^{\alpha_d} = \|\nabla u_-\|_{L^2(\mathbb{R}^d)}^2$ , we get

$$D(u) \geq D(u_+) + D(u_-) + S_d \frac{2h_d}{2h_d + \xi_d} m^{\alpha_d} \geq D(u_+) + \frac{2h_d}{2h_d + \xi_d} \|\nabla u_-\|_{L^2(\mathbb{R}^d)}^2.$$

By definition, we have

$$D(u_+) \geq \mathcal{C}_{d,\text{BE}}^{\text{pos}} \inf_{g \in \mathcal{M}} \|\nabla u_+ - \nabla g\|_{L^2(\mathbb{R}^d)}^2.$$

As a consequence, if  $g_+ \in \mathcal{M}$  is optimal for  $u_+$ , we obtain

$$\begin{aligned} D(u) &\geq \mathcal{C}_{d,\text{BE}}^{\text{pos}} \|\nabla u_+ - \nabla g_+\|_{L^2(\mathbb{R}^d)}^2 + \frac{2h_d}{2h_d + \xi_d} \|\nabla u_-\|_{L^2(\mathbb{R}^d)}^2 \\ &\geq \min \left\{ \mathcal{C}_{d,\text{BE}}^{\text{pos}}, \frac{2h_d}{2h_d + \xi_d} \right\} \left( \|\nabla u_+ - \nabla g_+\|_{L^2(\mathbb{R}^d)}^2 + \|\nabla u_-\|_{L^2(\mathbb{R}^d)}^2 \right) \\ &\geq \frac{1}{2} \min \left\{ \mathcal{C}_{d,\text{BE}}^{\text{pos}}, \frac{2h_d}{2h_d + \xi_d} \right\} \|\nabla u - \nabla g_+\|_{L^2(\mathbb{R}^d)}^2. \end{aligned}$$

Since  $2h_d + \xi_d = 2 \cdot 2^{\frac{2}{d}} - 2 + 2 - 2^{1-\alpha_d} = 2^{\frac{2}{d}}$  we get

$$\frac{h_d}{2h_d + \xi_d} = 2^{-\frac{2}{d}} \left(2^{\frac{2}{d}} - 1\right) = 1 - 2^{-\frac{2}{d}},$$

which concludes the proof.  $\square$

**3.3. Stability of the Sobolev inequality: Proof of Theorem 1.1.** We now combine the results from the previous three sections and deduce in this way the main result of this paper.

*Proof.* We recall that the constant  $\mathcal{C}_{d,\text{BE}}^{\text{pos}}$  was defined in the previous subsection and that  $\mathcal{I}(\delta)$  was defined in (27). Then, as a consequence of Theorem 3.1, we have

$$\mathcal{C}_{d,\text{BE}}^{\text{pos}} \geq \sup_{0 < \delta \leq 1} \delta \mathcal{I}(\delta).$$

(Indeed, for any  $\delta \in (0, 1)$ , if  $f$  satisfies  $\|\nabla f - \nabla g\|_2^2 \geq \delta \|\nabla f\|^2$ , then  $\mathcal{E}(f) \geq \delta \mathcal{I}(\delta)$ , while if  $\|\nabla f - \nabla g\|_2^2 \leq \delta \|\nabla f\|^2$ , then  $\mathcal{E}(f) \geq \mathcal{I}(\delta) \geq \delta \mathcal{I}(\delta)$ .) Thus, it remains to bound  $\mathcal{I}(\delta)$  for a suitable  $\delta \in (0, 1)$ .

We let  $\epsilon_0, \tilde{\delta} > 0$  be as in Theorem 2.1. We will bound  $\mathcal{J}(\delta)$  with  $\delta = \frac{\tilde{\delta}}{1+\tilde{\delta}}$ . Thus, let  $0 \leq f \in \dot{H}^1(\mathbb{R}^d)$  with

$$\inf_{g \in \mathcal{M}} \|\nabla g - \nabla f\|_2^2 \leq \frac{\tilde{\delta}}{1+\tilde{\delta}} \|\nabla f\|_2^2.$$

It is easy to see that the infimum on the left side is attained. After a translation, a dilation and multiplication by a constant, we may assume that it is attained at  $g = (2/(1+|x|^2))^{(d-2)/2}$ . We now pass to the sphere using the stereographic projection as in Section 2.1. Let  $0 \leq u \in H^1(\mathbb{S}^d)$  be the function associated to  $f$ . The function 1 is associated to  $g$  and we set  $r := u - 1$ . The fact that the distance is attained at 1 implies that  $r$  satisfies the orthogonality conditions (10). Moreover, with  $A$  given by (7), we have

$$\int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu \leq \frac{\tilde{\delta}}{1+\tilde{\delta}} \int_{\mathbb{S}^d} (|\nabla u|^2 + A u^2) d\mu = \frac{\tilde{\delta}}{1+\tilde{\delta}} \left( A + \int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu \right),$$

so

$$\int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu \leq \tilde{\delta} A.$$

By the Sobolev inequality, this implies

$$\left( \int_{\mathbb{S}^d} r^q d\mu \right)^{2/q} \leq \tilde{\delta},$$

and therefore we are in the situation of Theorem 2.1. We deduce that

$$\int_{\mathbb{S}^d} (|\nabla u|^2 + A u^2) d\mu - A \left( \int_{\mathbb{S}^d} u^q d\mu \right)^{2/q} \geq \theta \epsilon_0 \int_{\mathbb{S}^d} (|\nabla r|^2 + A r^2) d\mu.$$

Translating this result back to  $\mathbb{R}^d$ , we have shown that

$$\mathcal{J}\left(\frac{\tilde{\delta}}{1+\tilde{\delta}}\right) \geq \theta \epsilon_0 = \frac{4\epsilon_0}{d-2},$$

and therefore

$$\mathcal{C}_{d,\text{BE}}^{\text{pos}} \geq \frac{\tilde{\delta}}{1+\tilde{\delta}} \frac{4\epsilon_0}{d-2},$$

where we recall that  $0 < \epsilon_0 < \frac{1}{3}$  is fixed and  $\tilde{\delta}$  depends on  $\epsilon_0$ , but not on  $d$ . This constant has the claimed  $d^{-1}$  behavior.

We turn now to the case of general, not necessarily nonnegative functions. By Proposition 3.10

$$\mathcal{C}_{d,\text{BE}} \geq \min \left\{ \frac{1}{2} \mathcal{C}_{d,\text{BE}}^{\text{pos}}, 1 - 2^{-\frac{2}{d}} \right\}.$$

Using  $1 - 2^{-\frac{2}{d}} \geq (2 \ln 2)/d$  together with the result for  $\mathcal{C}_{d,\text{BE}}^{\text{pos}}$  we obtain also in the general case the claimed  $d^{-1}$  behavior. As constant in Theorem 2.1 we get

$$\beta = \min \left\{ \frac{2\epsilon_0 \tilde{\delta}}{1+\tilde{\delta}}, 2 \ln 2 \right\}, \quad (47)$$

which is computable, since  $\tilde{\delta}$  depends in a complicated, yet explicit way on  $\epsilon_0$ .  $\square$

**Remark 3.11.** *The constant given by (47) is a lower estimate of  $d\mathcal{C}_{d,\text{BE}}$ , which for large  $d$  is of the same order as the strict upper estimate obtained from (4). If we apply Proposition 2.4 instead of Theorem 2.1 in the above argument, we obtain*

$$\mathcal{C}_{d,\text{BE}}^{\text{pos}} \geq \sup_{0 < \delta \leq 1} \delta \mathcal{J}(\delta) \geq \sup_{\tilde{\delta} > 0} \frac{\tilde{\delta}}{1+\tilde{\delta}} \mathfrak{m}(\tilde{\delta}^{1/2}) = \sup_{0 < \delta < 1} \delta \mathfrak{m}\left(\sqrt{\frac{\delta}{1-\delta}}\right)$$

with  $\mathfrak{m}$  given by (11). As explained in Remark 2.8, this lower bound is not very good for large dimensions. In the above expression, it corresponds to a r.h.s. of the order of  $2^{-d} d^{-(d+2)/2}$  as  $d \rightarrow +\infty$ , but for  $d = 3, 4, 5, 6$  it gives decent numerical lower bounds on  $\mathcal{C}_{d,\text{BE}}^{\text{pos}}$ .

## 4. THE LARGE-DIMENSIONAL LIMIT: PROOF OF COROLLARY 1.2

Assume that  $d \geq 3$  and consider the stability estimate for Sobolev's inequality

$$\|\nabla f\|_{L^2(\mathbb{R}^d)}^2 - S_d \|f\|_{L^{2^*}(\mathbb{R}^d)}^2 \geq \frac{\beta(d)}{d} \inf_{g \in \mathcal{M}} \|\nabla f - \nabla g\|_{L^2(\mathbb{R}^d)}^2 \quad \text{for all } 0 \leq f \in \dot{H}^1(\mathbb{R}^d) \quad (48)$$

where  $\beta(d) = d \mathcal{C}_{d, \text{BE}}^{\text{POS}} > 0$  denotes the optimal stability constant for *nonnegative functions*. Theorem 1.1 (also see Theorem 3.1) provides us with an explicit lower estimate of  $\beta(d)$  and shows that

$$\beta_\star = \liminf_{d \rightarrow +\infty} \beta(d) > 0. \quad (49)$$

As noted for instance in [5], to obtain the logarithmic Sobolev inequality as a limit of the Sobolev inequality when  $d \rightarrow +\infty$ , an important step is to perform a rescaling depending on  $d$ . In order to do this, let  $u$  be a nonnegative Lipschitz function of compact support in  $\mathbb{R}^N$  and consider the ansatz

$$f(x) := u(x_1, \dots, x_N) f_\star(x), \quad (50)$$

where  $f_\star$  is a Sobolev optimizer in dimension  $d \geq N$ . Specifically, we choose

$$f_\star(x) = Z_d^{\frac{2-d}{2d}} \left(1 + \frac{1}{r_d^2} |x|^2\right)^{1-\frac{d}{2}} \quad \forall x \in \mathbb{R}^d,$$

with

$$r_d = \sqrt{\frac{d}{2\pi}}.$$

The normalization constant  $Z_d$  is chosen to render  $\|f_\star\|_{L^{2^*}(\mathbb{R}^d)} = 1$ . Note that  $f_\star(x) = r_d^{1-d/2} g_\star(x/r_d)$ , with  $g_\star$  given by (29), solves the Sobolev equation (31) with sharp Sobolev constant  $S_d = d(d-2)r_d^{-2} Z_d^{2/d}$  and

$$Z_d = \left(\frac{d}{2}\right)^{\frac{d}{2}} \frac{\Gamma\left(\frac{d}{2}\right)}{\Gamma(d)} = \left(\frac{d}{8\pi}\right)^{\frac{d}{2}} |\mathbb{S}^d| = \frac{r_d^d}{2d} |\mathbb{S}^d|. \quad (51)$$

It is also easy to see that

$$\lim_{d \rightarrow +\infty} Z_d^{\frac{2}{d}} = \frac{e}{4}. \quad (52)$$

By integration by parts, using the fact that  $f_\star$  is a Sobolev optimizer, we find

$$\|\nabla f\|_{L^2(\mathbb{R}^d)}^2 = \int_{\mathbb{R}^d} |\nabla u|^2 f_\star^2 dx - \int_{\mathbb{R}^d} |u|^2 f_\star \Delta f_\star dx = \int_{\mathbb{R}^d} |\nabla u|^2 f_\star^2 dx + \frac{d(d-2)}{r_d^2} Z_d^{\frac{2}{d}} \int_{\mathbb{R}^d} |u|^2 f_\star^{2^*} dx. \quad (53)$$

It follows that the l.h.s. of the stability inequality (48), written for  $f = u f_\star$ , is

$$\int_{\mathbb{R}^d} |\nabla u|^2 f_\star^2 dx + \frac{d(d-2)}{r_d^2} Z_d^{\frac{2}{d}} \int_{\mathbb{R}^d} |u|^2 f_\star^{2^*} dx - \frac{d(d-2)}{r_d^2} Z_d^{\frac{2}{d}} \left( \int_{\mathbb{R}^d} |u|^{2^*} f_\star^{2^*} dx \right)^{2/2^*},$$

which can be written as

$$Z_d^{\frac{2}{d}} \left[ \int_{\mathbb{R}^d} |\nabla u|^2 \left(1 + \frac{1}{r_d^2} |x|^2\right)^2 d\mu_d - 2\pi(d-2) \left( \left( \int_{\mathbb{R}^d} |u|^{2^*} d\mu_d \right)^{2/2^*} - \int_{\mathbb{R}^d} |u|^2 d\mu_d \right) \right],$$

where  $d\mu_d = f_\star^{2^*}(x) dx$  is a probability measure.

Let us write  $x = (y, z) \in \mathbb{R}^N \times \mathbb{R}^{d-N} \approx \mathbb{R}^d$ , for some integer  $N$  such that  $1 \leq N < d$ . With  $|x|^2 = |y|^2 + |z|^2$  and

$$1 + \frac{1}{r_d^2} |x|^2 = 1 + \frac{1}{r_d^2} (|y|^2 + |z|^2) = \left(1 + \frac{1}{r_d^2} |y|^2\right) \left(1 + \frac{|z|^2}{r_d^2 + |y|^2}\right),$$

we can integrate over the  $z$  variable to obtain

$$\int_{\mathbb{R}^{d-N}} \frac{dz}{\left(1 + \frac{1}{r_d^2} (|y|^2 + |z|^2)\right)^d} = \frac{r_d^{d-N}}{\left(1 + \frac{1}{r_d^2} |y|^2\right)^{\frac{N+d}{2}}} \int_{\mathbb{R}^{d-N}} \frac{d\zeta}{(1 + |\zeta|^2)^d} = \frac{\Gamma\left(\frac{d+N}{2}\right) \left(\frac{d}{2}\right)^{\frac{d-N}{2}}}{\Gamma(d) \left(1 + \frac{1}{r_d^2} |y|^2\right)^{\frac{N+d}{2}}}. \quad (54)$$

By taking into account the limits

$$\lim_{d \rightarrow +\infty} \left(1 + \frac{1}{r_d^2} |y|^2\right)^{-\frac{N+d}{2}} = e^{-\pi |y|^2} \text{ and } \lim_{d \rightarrow +\infty} \frac{r_d^{d-N}}{Z_d} \int_{\mathbb{R}^{d-N}} \frac{d\zeta}{(1 + |\zeta|^2)^d} = \lim_{d \rightarrow +\infty} \frac{\Gamma\left(\frac{d+N}{2}\right)}{Z_d \Gamma(d)} \left(\frac{d}{2}\right)^{\frac{d-N}{2}} = 1, \quad (55)$$

we obtain

$$\lim_{d \rightarrow +\infty} \int_{\mathbb{R}^d} |u(y)|^2 d\mu_d = \int_{\mathbb{R}^N} |u|^2 d\gamma \quad (56)$$

where  $d\gamma(y) := e^{-\pi |y|^2} dy$  is a Gaussian probability measure. A similar computation shows that

$$\lim_{d \rightarrow +\infty} \int_{\mathbb{R}^d} |\nabla u|^2 \left(1 + \frac{1}{r_d^2} |x|^2\right)^2 d\mu_d = 4 \int_{\mathbb{R}^N} |\nabla u|^2 d\gamma,$$

because

$$\lim_{d \rightarrow +\infty} \frac{1}{Z_d} \int_{\mathbb{R}^{d-N}} \left(1 + \frac{1}{r_d^2} (|y|^2 + |z|^2)\right)^{2-d} dz = 4.$$

On the other hand, let  $\varepsilon := 1/(d-2)$  and write

$$(d-2) \left[ \left( \int_{\mathbb{R}^N} |u|^{2^*} d\gamma \right)^{2/2^*} - \int_{\mathbb{R}^N} |u|^2 d\gamma \right] = \frac{1}{\varepsilon} \left[ \left( \int_{\mathbb{R}^N} |u|^{2+4\varepsilon} d\gamma \right)^{\frac{1}{1+2\varepsilon}} - \int_{\mathbb{R}^N} |u|^2 d\gamma \right].$$

As a consequence, we obtain

$$\begin{aligned} \lim_{d \rightarrow +\infty} (d-2) \left[ \left( \int_{\mathbb{R}^N} |u|^{2^*} d\gamma \right)^{2/2^*} - \int_{\mathbb{R}^N} |u|^2 d\gamma \right] \\ = \frac{d}{d\varepsilon} \Big|_{\varepsilon=0} \left( \int_{\mathbb{R}^N} |u|^{2(1+2\varepsilon)} d\gamma \right)^{\frac{1}{1+2\varepsilon}} = 2 \int_{\mathbb{R}^N} |u|^2 \ln \left( \frac{|u|^2}{\int_{\mathbb{R}^N} |u|^2 d\gamma} \right) d\gamma. \end{aligned}$$

Altogether, we find that

$$\begin{aligned} \frac{1}{4} \lim_{d \rightarrow +\infty} \left[ \int_{\mathbb{R}^d} |\nabla u|^2 \left(1 + \frac{1}{r_d^2} |x|^2\right)^2 d\mu_d - 2\pi(d-2) \left( \left( \int_{\mathbb{R}^d} |u|^{2^*} d\mu_d \right)^{2/2^*} - \int_{\mathbb{R}^d} |u|^2 d\mu_d \right) \right] \\ = \int_{\mathbb{R}^N} |\nabla u|^2 d\gamma - \pi \int_{\mathbb{R}^N} |u|^2 \ln \left( \frac{|u|^2}{\int_{\mathbb{R}^N} |u|^2 d\gamma} \right) d\gamma. \end{aligned}$$

Using (52), we have proved

**Lemma 4.1.** *Let  $f$  be given by (50) where  $u$  is a nonnegative Lipschitz function of compact support in  $\mathbb{R}^N$ . Then the limit of the l.h.s. of the stability inequality (48) as  $d \rightarrow +\infty$  is*

$$\lim_{d \rightarrow +\infty} \|\nabla f\|_{L^2(\mathbb{R}^d)}^2 - \mathcal{S}_d \|f\|_{L^{2^*}(\mathbb{R}^d)}^2 = e \left[ \int_{\mathbb{R}^N} |\nabla u|^2 d\gamma - \pi \int_{\mathbb{R}^N} |u|^2 \ln \left( \frac{|u|^2}{\int_{\mathbb{R}^N} |u|^2 d\gamma} \right) d\gamma \right].$$

Next we deal with the large  $d$  limit of the right side of (48).

**Lemma 4.2.** *Let  $f$  be given by (50) where  $u$  is a nonnegative Lipschitz function of compact support in  $\mathbb{R}^N$ . Then*

$$\lim_{d \rightarrow +\infty} \frac{1}{d} \inf_{\substack{a>0, b \in \mathbb{R}^d \\ c \in \mathbb{R}}} \|\nabla f - c \nabla h_{a,b}(x)\|_{L^2(\mathbb{R}^d)}^2 = \frac{\pi e}{2} \inf_{c \in \mathbb{R}, b' \in \mathbb{R}^N} \int_{\mathbb{R}^N} |u(y) - c e^{\pi b' \cdot y}|^2 d\gamma,$$

where  $h_{a,b}(x) := |\mathbb{S}^d|^{-\frac{d-2}{2d}} \left( \frac{2a}{a^2 + |x-b|^2} \right)^{\frac{d-2}{2}}$  is, up to a multiplicative constant, any Sobolev optimizer.

*Proof.* In the main part of this proof, using  $(\cdot, \cdot)$  as in Lemma 3.3, we shall show that

$$\lim_{d \rightarrow +\infty} \sup_{a>0, b \in \mathbb{R}^d} \left( f, h_{a,b}^{\frac{d+2}{d-2}} \right) = \sup_{b' \in \mathbb{R}^N} \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'|^2} dy. \quad (57)$$

Before proving (57), let us show that it implies the assertion of the lemma. As in Lemma 3.3 we can optimize the right side of (48) over  $c$  and find

$$\inf_{a>0, b \in \mathbb{R}^d} \inf_{c \in \mathbb{R}} \|\nabla f - c \nabla h_{a,b}\|_{L^2(\mathbb{R}^d)}^2 = \|\nabla f\|_{L^2(\mathbb{R}^d)}^2 - S_d \sup_{a>0, b \in \mathbb{R}^d} \left( f, h_{a,b}^{\frac{d+2}{d-2}} \right)_{L^2(\mathbb{R}^d)}^2, \quad (58)$$

where  $h_{a,b}$  satisfies  $\int_{\mathbb{R}^d} h_{a,b}(x) \frac{2^d}{d-2} dx = 1$ . Similarly, from  $\int_{\mathbb{R}^N} |u(y) - c e^{\pi b' \cdot y}|^2 d\gamma = \int_{\mathbb{R}^N} |u(y)|^2 d\gamma + c^2 e^{\pi |b'|^2} - 2c \int_{\mathbb{R}^N} u(y) e^{\pi b' \cdot y} d\gamma$  we deduce that

$$\begin{aligned} \sup_{c \in \mathbb{R}} \int_{\mathbb{R}^N} |u(y) - c e^{\pi b' \cdot y}|^2 d\gamma &= \int_{\mathbb{R}^N} |u(y)|^2 d\gamma - e^{-\pi |b'|^2} \left( \int_{\mathbb{R}^N} u(y) e^{\pi b' \cdot y} d\gamma \right)^2 \\ &= \int_{\mathbb{R}^N} |u(y)|^2 d\gamma - \left( \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'|^2} dy \right)^2 \end{aligned}$$

and, consequently,

$$\inf_{c \in \mathbb{R}, b' \in \mathbb{R}^N} \int_{\mathbb{R}^N} |u(y) - c e^{\pi b' \cdot y}|^2 d\gamma = \int_{\mathbb{R}^N} |u|^2 d\gamma - \sup_{b' \in \mathbb{R}^N} \left( \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'|^2} dy \right)^2.$$

Now as before, using (53), we get

$$\lim_{d \rightarrow +\infty} \frac{1}{d} \|\nabla f\|_{L^2(\mathbb{R}^d)}^2 = \frac{\pi e}{2} \int e^{-\pi |y|^2} |u(y)|^2 dy.$$

Inserting this together with the fact that  $\lim_{d \rightarrow +\infty} S_d/d = \pi e/2$  into (58), shows that (57) implies the assertion of the lemma.

Thus, from now on we concentrate on proving (57). Clearly, we may assume  $u \not\equiv 0$ . It is easy to see that for every  $d$ , there are  $a_d > 0$  and  $b_d \in \mathbb{R}^d$  such that

$$\sup_{a>0, b \in \mathbb{R}^d} \left( f, h_{a,b}^{\frac{d+2}{d-2}} \right) = \left( f, h_{a_d, b_d}^{\frac{d+2}{d-2}} \right).$$

To pass to the limit in (57) as  $d \rightarrow +\infty$ , we have to study the asymptotic behavior of  $a_d$  and  $b_d$ .

• *The limit of  $a_d$ .* We will derive a lower and an upper bound on  $\left( f, h_{a_d, b_d}^{\frac{d+2}{d-2}} \right)$ . For the lower bound we test the supremum defining this quantity with  $a = r_d$  and  $b = 0$ , in which case  $h_{r_d, 0} = f_*$ . Arguing similarly as in (56) and recalling  $u \not\equiv 0$ , we obtain

$$\liminf_{d \rightarrow +\infty} \left( f, h_{a_d, b_d}^{\frac{d+2}{d-2}} \right) \geq \lim_{d \rightarrow +\infty} \left( f, h_{r_d, 0}^{\frac{d+2}{d-2}} \right) = \int_{\mathbb{R}^N} u d\gamma > 0. \quad (59)$$

To derive an upper bound we use the fact that  $f_*$  and  $h_{a_d, 0}$  are symmetric decreasing functions, which implies that

$$0 \leq \left( f, h_{a_d, b_d}^{\frac{d+2}{d-2}} \right) \leq \|u\|_{L^\infty(\mathbb{R}^d)} \int_{\mathbb{R}^d} f_*(x) h_{a_d, 0}(x - b_d) \frac{d+2}{d-2} dx \leq \|u\|_{L^\infty(\mathbb{R}^d)} \int_{\mathbb{R}^d} f_* h_{a_d, 0}^{\frac{d+2}{d-2}} dx.$$

By inserting the expression (51) of  $Z_d$  and setting  $\alpha_d = a_d/r_d$ , we obtain

$$\begin{aligned} \int_{\mathbb{R}^d} f_* h_{a_d,0}^{\frac{d+2}{d-2}} dx &= \frac{2^d}{r_d^d |\mathbb{S}^d|} \int_{\mathbb{R}^d} \left(1 + \frac{|x|^2}{r_d^2}\right)^{-\frac{d-2}{2}} \left(\alpha_d + \frac{|x|^2}{\alpha_d r_d^2}\right)^{-\frac{d+2}{2}} dx \\ &= \frac{1}{|\mathbb{S}^d|} \int_{\mathbb{R}^d} \left(\frac{2}{1+|x|^2}\right)^{\frac{d-2}{2}} \left(\frac{2\alpha_d}{\alpha_d^2 + |x|^2}\right)^{\frac{d+2}{2}} dx \\ &= \frac{|\mathbb{S}^{d-1}|}{|\mathbb{S}^d|} \int_0^{+\infty} \left(\frac{2r}{1+r^2}\right)^{\frac{d-2}{2}} \left(\frac{2\alpha_d r}{\alpha_d^2 + r^2}\right)^{\frac{d+2}{2}} \frac{dr}{r}, \end{aligned}$$

where we scaled  $x \mapsto r_d x$  and introduced radial coordinates. If we now set  $\alpha_d = e^{s_d}$  and change variables to  $r = e^t$ , and then rescale according to  $t \mapsto t/\sqrt{d}$ , we find

$$\begin{aligned} \int_{\mathbb{R}^d} f_* h_{a_d,0}^{\frac{d+2}{d-2}} dx &= \frac{|\mathbb{S}^{d-1}|}{|\mathbb{S}^d|} \int_{-\infty}^{\infty} (\cosh t)^{-\frac{d-2}{2}} (\cosh(t-s_d))^{-\frac{d+2}{2}} dt \\ &= \frac{|\mathbb{S}^{d-1}|}{\sqrt{d} |\mathbb{S}^d|} \int_{-\infty}^{\infty} \left(\cosh \frac{t}{\sqrt{d}}\right)^{-\frac{d-2}{2}} \left(\cosh \frac{t-s_d}{\sqrt{d}}\right)^{-\frac{d+2}{2}} dt \end{aligned}$$

with  $s_d = \sigma_d/\sqrt{d}$ . By the elementary inequality  $\cosh t \geq 1 + t^2/2$ , we find the following bound for the integral on the right side for large  $d$ :

$$\int_{-\infty}^{\infty} \left(1 + \frac{t^2}{2d}\right)^{-\frac{d-2}{2}} \left(1 + \frac{(t-s_d)^2}{2d}\right)^{-\frac{d+2}{2}} dt \approx \int_{-\infty}^{\infty} e^{-\frac{t^2}{4}} e^{-\frac{(t-s_d)^2}{4}} dt = \sqrt{2\pi} e^{-\frac{\sigma_d^2}{8}}.$$

Using  $\lim_{d \rightarrow +\infty} \frac{|\mathbb{S}^{d-1}|}{\sqrt{d} |\mathbb{S}^d|} = \sqrt{2\pi}$ , we finally conclude by combining the upper and the lower bound that

$$2\pi \liminf_{d \rightarrow +\infty} e^{-\frac{\sigma_d^2}{8}} \geq \liminf_{d \rightarrow +\infty} \left(f, h_{a_d, b_d}^{\frac{d+2}{d-2}}\right) \geq \int_{\mathbb{R}^N} u d\gamma > 0.$$

As a consequence,  $|\sigma_d|$  is bounded and we deduce that

$$\lim_{d \rightarrow +\infty} \frac{a_d}{r_d} = \lim_{d \rightarrow +\infty} \alpha_d = \lim_{d \rightarrow +\infty} e^{s_d} = \lim_{d \rightarrow +\infty} e^{\frac{\sigma_d}{\sqrt{d}}} = 1. \quad (60)$$

• *A uniform bound on  $b_d$ .* We begin by noting that

$$\begin{aligned} \left(f, h_{a_d, b}^{\frac{d+2}{d-2}}\right) &= \iint_{\mathbb{R}^N \times \mathbb{R}^{d-N}} u(y) f_*(y, z) h_{a_d, 0}(y - b', z - b'')^{\frac{d+2}{d-2}} dy dz \\ &\leq \int_{\mathbb{R}^N} u(y) \left(\int_{\mathbb{R}^{d-N}} f_*(y, z) h_{a_d, 0}(y - b', z)^{\frac{d+2}{d-2}} dz\right) dy \end{aligned}$$

with  $b = (b', b'') \in \mathbb{R}^N \times \mathbb{R}^{d-N}$ , because  $u$  is nonnegative, and  $z \mapsto f_*(y, z)$  and  $z \mapsto h_{a_d, 0}(y, z)^{\frac{d+2}{d-2}}$  are symmetric decreasing functions. As a consequence, we can assume w.l.o.g.  $b_d = (b'_d, 0) \in \mathbb{R}^N \times \mathbb{R}^{d-N}$ .

Our task is to obtain a bound on  $|b'_d|$ . As before, we obtain this by deriving a lower and upper bound on  $\left(f, h_{a_d, b_d}^{\frac{d+2}{d-2}}\right)$ . As lower bound we use again (59). For the upper bound we write

$$\begin{aligned} &\left(f, h_{a_d, (b'_d, 0)}^{\frac{d+2}{d-2}}\right) \\ &= \frac{1}{Z_d \alpha_d^{\frac{d+2}{2}}} \iint_{\mathbb{R}^N \times \mathbb{R}^{d-N}} u(y) \left(1 + \frac{1}{r_d^2} (|y|^2 + |z|^2)\right)^{-\frac{d-2}{2}} \left(1 + \frac{1}{\alpha_d^2 r_d^2} (|y - b'_d|^2 + |z|^2)\right)^{-\frac{d+2}{2}} dy dz, \end{aligned} \quad (61)$$



where  $Z_d$  is given by (51). From Hölder's inequality we learn that

$$\begin{aligned} \left( f, h_{a_d, (b'_d, 0)}^{\frac{d+2}{d-2}} \right) &\leq \left( \frac{1}{Z_d} \iint_{\mathbb{R}^N \times \mathbb{R}^{d-N}} u(y) \left( 1 + \frac{1}{r_d^2} (|y|^2 + |z|^2) \right)^{-d} dy dz \right)^{\frac{d-2}{2d}} \\ &\quad \times \left( \frac{1}{Z_d \alpha_d^d} \iint_{\mathbb{R}^N \times \mathbb{R}^{d-N}} u(y) \left( 1 + \frac{1}{\alpha_d^2 r_d^2} (|y - b'_d|^2 + |z|^2) \right)^{-d} dy dz \right)^{\frac{d+2}{2d}}. \end{aligned}$$

Let  $R > 0$  be such that  $u$  is supported in the centered ball  $\overline{B_R}$  of radius  $R > 0$  and assume that  $|b'_d| > R$  (otherwise  $|b'_d| \leq R$  and we have the claimed bound). It follows that  $|y - b'_d|^2 \geq (|b'_d| - R)^2$  in the support of  $u$ . Using the identity

$$\int_{\mathbb{R}^{d-N}} \left( A^2 + \frac{1}{\lambda^2} |z|^2 \right)^{-d} dz = \frac{\lambda^{d-N}}{A^{d+N}} \int_{\mathbb{R}^{d-N}} (1 + |\zeta|^2)^{-d} d\zeta \quad (62)$$

based on the change of variables  $z = A \lambda \zeta$ , and applying it with  $A = \frac{1}{\alpha_d r_d} \sqrt{\alpha_d^2 r_d^2 + (|b'_d| - R)^2}$  and  $\lambda = \alpha_d r_d$ , we obtain

$$\begin{aligned} &\frac{1}{Z_d \alpha_d^d} \iint_{\mathbb{R}^N \times \mathbb{R}^{d-N}} u(y) \left( 1 + \frac{1}{\alpha_d^2 r_d^2} (|y - b'_d|^2 + |z|^2) \right)^{-d} dy dz \\ &\leq |B_R| \|u\|_{L^\infty(\mathbb{R}^d)} \frac{1}{\alpha_d^N} \left( 1 + \frac{(|b'_d| - R)^2}{\alpha_d^2 r_d^2} \right)^{-\frac{d+N}{2}} \frac{r_d^{d-N}}{Z_d} \int_{\mathbb{R}^{d-N}} (1 + |\zeta|^2)^{-d} d\zeta \\ &\leq |B_R| \|u\|_{L^\infty(\mathbb{R}^d)} \frac{d \alpha_d^{2-N}}{(d+N) \pi (|b'_d| - R)^2} \frac{r_d^{d-N}}{Z_d} \int_{\mathbb{R}^{d-N}} (1 + |\zeta|^2)^{-d} d\zeta \end{aligned}$$

using the inequality  $(1 + t/k)^{-k} \leq 1/t$  for all  $t > 0$  with  $k = (d+N)/2$ . As in (56), using (55) and (60), this yields

$$\liminf_{d \rightarrow +\infty} \left( f, h_{a_d, (b'_d, 0)}^{\frac{d+2}{d-2}} \right) \leq \sqrt{\frac{|B_R| \|u\|_{L^\infty(\mathbb{R}^d)} \int_{\mathbb{R}^N} u d\gamma}{\pi \limsup_{d \rightarrow \infty} (|b'_d| - R)^2}}.$$

Taking the lower bound in (59) into account, we obtain

$$\limsup_{d \rightarrow \infty} |b'_d| \leq R + \sqrt{\frac{|B_R| \|u\|_{L^\infty(\mathbb{R}^d)}}{\pi \int_{\mathbb{R}^N} u d\gamma}}.$$

This proves that  $b'_d$  is uniformly bounded w.r.t.  $d$ .

• *The large dimensional limit.* We are finally in position to prove (57). We first show that

$$\limsup_{d \rightarrow +\infty} \sup_{a > 0, b \in \mathbb{R}^d} \left( f, h_{a, b}^{\frac{d+2}{d-2}} \right) \leq \sup_{b' \in \mathbb{R}^N} \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2} |y|^2} e^{-\frac{\pi}{2} |y - b'|^2} dy. \quad (63)$$

To do so, we consider a sequence of  $d$ 's along which the limsup is attained. Because of the uniform bound on  $b'_d$  we may pass to a subsequence along which  $b'_d$  converges to some  $b'_\infty \in \mathbb{R}^N$ . It then suffices to prove (63) where the limsup is taken along the chosen subsequence. In the following, we will always consider this subsequence, without displaying it in our notation.

It remains to identify a bound on  $\limsup_{d \rightarrow +\infty} \left( f, h_{a_d, (b'_d, 0)}^{\frac{d+2}{d-2}} \right)$ . Our starting point is (61). By Hölder's inequality, we obtain

$$\begin{aligned} & \int_{\mathbb{R}^{d-N}} \left( 1 + \frac{1}{r_d^2} (|y|^2 + |z|^2) \right)^{-\frac{d-2}{2}} \left( 1 + \frac{1}{\alpha_d^2 r_d^2} (|y - b'_d|^2 + |z|^2) \right)^{-\frac{d+2}{2}} dz \\ & \leq \left( \int_{\mathbb{R}^{d-N}} \left( 1 + \frac{1}{r_d^2} (|y|^2 + |z|^2) \right)^{-d} dz \right)^{-\frac{d-2}{2d}} \left( \int_{\mathbb{R}^{d-N}} \left( 1 + \frac{1}{\alpha_d^2 r_d^2} (|y - b'_d|^2 + |z|^2) \right)^{-d} dz \right)^{-\frac{d+2}{2d}} \\ & = \alpha_d^{d+2} r_d^{2d} (r_d^2 + |y|^2)^{-\frac{(d-2)(d+N)}{4d}} (\alpha_d^2 r_d^2 + |y - b'_d|^2)^{-\frac{(d+2)(d+N)}{4d}} \int_{\mathbb{R}^{d-N}} (1 + |\zeta|^2)^{-d} d\zeta \\ & = \alpha_d^{\frac{(d+2)(d-N)}{2d}} r_d^{d-N} \left( 1 + \frac{1}{r_d^2} |y|^2 \right)^{-\frac{(d-2)(d+N)}{4d}} \left( 1 + \frac{1}{\alpha_d^2 r_d^2} |y - b'_d|^2 \right)^{-\frac{(d+2)(d+N)}{4d}} \int_{\mathbb{R}^{d-N}} (1 + |\zeta|^2)^{-d} d\zeta. \end{aligned}$$

Here we used the change of variables identity (62), with  $A = \frac{1}{r_d} \sqrt{r_d^2 + |y|^2}$  and  $\lambda = r_d$  for the first integral in the above r.h.s., and  $A = \frac{1}{\alpha_d r_d} \sqrt{\alpha_d^2 r_d^2 + |y|^2}$  and  $\lambda = \alpha_d r_d$  for the second integral. We learn from (55) and (60) that

$$\limsup_{d \rightarrow +\infty} \left( f, h_{a_d, (b'_d, 0)}^{\frac{d+2}{d-2}} \right) \leq \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'_d|^2} dy \leq \sup_{b' \in \mathbb{R}^N} \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'|^2} dy.$$

This proves (63).

The converse asymptotic inequality, namely

$$\liminf_{d \rightarrow +\infty} \sup_{a > 0, b \in \mathbb{R}^d} \left( f, h_{a, b}^{\frac{d+2}{d-2}} \right) \geq \sup_{b' \in \mathbb{R}^N} \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'|^2} dy, \quad (64)$$

follows in a similar, but simpler fashion. Indeed, it is easy to see that the supremum on the right side is attained at some  $b'_* \in \mathbb{R}^N$ , which we can use to bound the supremum on the left side from below by  $\left( f, h_{0, (b'_*, 0)}^{\frac{d+2}{d-2}} \right)$ . Starting from (61) and using similar arguments as above it is easy to see that

$$\lim_{d \rightarrow +\infty} \left( f, h_{0, (b'_*, 0)}^{\frac{d+2}{d-2}} \right) = \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'_*|^2} dy = \sup_{b' \in \mathbb{R}^N} \int_{\mathbb{R}^N} u(y) e^{-\frac{\pi}{2}|y|^2} e^{-\frac{\pi}{2}|y-b'|^2} dy.$$

This proves (64) and consequently also (57).  $\square$

Using Lemmata 4.1 and 4.2, with  $b = \pi \tilde{b}$ , for nonnegative Lipschitz functions  $u$  with compact support, we have proved the following result.

**Proposition 4.3.** *With  $\beta_*$  given by (49), for all nonnegative  $u \in H^1(\gamma)$ ,*

$$\int_{\mathbb{R}^N} |\nabla u|^2 d\gamma - \pi \int_{\mathbb{R}^N} u^2 \ln \left( \frac{|u|^2}{\|u\|_{L^2(\gamma)}^2} \right) d\gamma \geq \frac{\beta_* \pi}{2} \inf_{b \in \mathbb{R}^N, c \in \mathbb{R}} \int_{\mathbb{R}^N} (u - c e^{b \cdot x})^2 d\gamma.$$

The extension to any nonnegative function  $u \in H^1(\gamma)$  follows by a simple density argument, as the constants in Proposition 4.3 depend neither on the support nor on the bound on  $|\nabla u|$ . It is worth pointing out that the stability constant  $\beta_* \pi/2$  for Gaussian log-Sobolev inequality concerning *nonnegative functions* is obtained from the best stability constant for Sobolev's inequality for *nonnegative functions*.

Notice that in the above argument to obtain stability for logarithmic Sobolev from stability for Sobolev we did not compute the limit as  $d \rightarrow +\infty$  of the r.h.s. of the inequality in Theorem 1.1. Instead, we computed the limit for a lower bound of this term.

*Proof of Corollary 1.2.* We have to extend the result of Proposition 4.3 to the case of sign-changing functions. This part of the proof is a variation of the argument used in the proof of Proposition 3.10. We shall use the notation

$$D(u) := \int_{\mathbb{R}^N} |\nabla u|^2 d\gamma - \pi \int_{\mathbb{R}^N} u^2 \ln \left( \frac{u^2}{\|u\|_{L^2(\gamma)}^2} \right) d\gamma \quad \text{for } u \in H^1(\gamma).$$

By homogeneity we can assume  $\|u\|_{L^2(\gamma)} = 1$ . Replacing  $u$  by  $-u$  if necessary, we can also assume that

$$m := \|u_-\|_{L^2(\gamma)}^2 \in [0, \frac{1}{2}].$$

Then

$$D(u) = D(u_+) + D(u_-) + \pi h(m) \quad \text{with} \quad h(p) := -(p \ln p + (1-p) \ln(1-p)).$$

Since the function  $p \mapsto h(p)$  is monotone increasing and concave on  $[0, \frac{1}{2}]$ ,

$$h(p) \geq (2 \ln 2) p \quad \text{for all } p \in [0, \frac{1}{2}].$$

Thus, with  $\beta_\star$  denoting the constant in (49),

$$\begin{aligned} D(u) &\geq D(u_+) + (2 \pi \ln 2) m \geq \frac{\beta_\star \pi}{2} \inf_{b \in \mathbb{R}^N, c \in \mathbb{R}} \|u_+ - c e^{b \cdot x}\|_{L^2(\gamma)}^2 + (2 \pi \ln 2) \|u_-\|_{L^2(\gamma)}^2 \\ &\geq \frac{1}{2} \min \left\{ \frac{\beta_\star \pi}{2}, 2 \pi \ln 2 \right\} \inf_{b \in \mathbb{R}^N, c \in \mathbb{R}} \|u - c e^{b \cdot x}\|_{L^2(\gamma)}^2. \end{aligned}$$

This proves the inequality for the general case with

$$\beta = \frac{1}{2} \min \{ \beta_\star, 4 \ln 2 \} \tag{65}$$

and  $\beta_\star$  given by (49).  $\square$

Up to this point, we have stated the logarithmic Sobolev inequality in its version with respect to the normalized Gaussian measure. It has an equivalent version with respect to the Euclidean measure. We set  $u = e^{\pi|x|^2/2} v$  and obtain from Corollary 1.2 and Proposition 4.3

$$\int_{\mathbb{R}^N} |\nabla v|^2 dx - \pi \int_{\mathbb{R}^N} v^2 \ln \left( \frac{v^2}{\|v\|_{L^2(\mathbb{R}^N)}^2} \right) dx - N \pi \|v\|_{L^2(\mathbb{R}^N)}^2 \geq \frac{\beta \pi}{2} \inf_{b \in \mathbb{R}^N, c \in \mathbb{R}} \int_{\mathbb{R}^N} \left| v - c e^{-\frac{\pi}{2}|x-b|^2} \right|^2 dx$$

by a simple integration by parts. Writing  $v(x) = \lambda^{N/2} w(\lambda x)$  with a parameter  $\lambda > 0$ , we obtain equivalently

$$\begin{aligned} \lambda^2 \int_{\mathbb{R}^N} |\nabla w|^2 dy - \pi \int_{\mathbb{R}^N} w^2 \ln \left( \frac{w^2}{\|w\|_{L^2(\mathbb{R}^N)}^2} \right) dy - N \pi (1 + \ln \lambda) \|w\|_{L^2(\mathbb{R}^N)}^2 \\ \geq \frac{\beta \pi}{2} \inf_{b \in \mathbb{R}^N, c \in \mathbb{R}} \int_{\mathbb{R}^N} \left| w - c e^{-\frac{\pi}{2\lambda^2}|y-b|^2} \right|^2 dy. \end{aligned}$$

We bound the right side from below by extending the infimum over all  $\lambda > 0$  and then we optimize the left side with respect to  $\lambda > 0$ . In this way we obtain the following stability version of the Euclidean logarithmic Sobolev inequality.

**Corollary 4.4.** *With  $\beta > 0$  given by (65) we have for all  $N \in \mathbb{N}$  and all  $w \in H^1(\mathbb{R}^N)$ ,*

$$\begin{aligned} \|w\|_{L^2(\mathbb{R}^N)}^2 \ln \left( \frac{2}{N \pi e} \frac{\int_{\mathbb{R}^N} |\nabla w|^2 dx}{\|w\|_{L^2(\mathbb{R}^N)}^2} \right) - \frac{2}{N} \int_{\mathbb{R}^N} w^2 \ln \left( \frac{w^2}{\|w\|_{L^2(\mathbb{R}^N)}^2} \right) dx \\ \geq \frac{\beta}{N} \inf_{\lambda > 0, b \in \mathbb{R}^N, c \in \mathbb{R}} \int_{\mathbb{R}^N} \left| w - c e^{-\frac{\pi}{2\lambda^2}|y-b|^2} \right|^2 dy. \end{aligned}$$

## APPENDIX A. SOME PROPERTIES OF CONTINUOUS REARRANGEMENT

In this subsection we discuss several aspects of the continuous rearrangement and prove some of its properties.

Brock's continuous Steiner rearrangement is based on the following operation for functions of one real variable that are finite union of disjoint characteristic functions  $\sum_{k=1}^N \chi_{(-a_k, a_k)}(x - b_k)$ . Replace this function by  $\sum_{k=1}^N \chi_{(-a_k, a_k)}(x - e^{-t} b_k)$  where  $t$  varies from 0 to  $\infty$ . As  $t$  increases, the intervals start moving closer and as soon as any two intervals touch one stops the process and redefines the set of intervals by joining the two that touched. Then one restarts the process and keeps repeating it until all of them are joined into one. The movement stops once this interval is centered at the origin. By the outer regularity of Lebesgue measure the level sets of a measurable function can be approximated by open sets and, since in one dimension this is a countable union of open intervals, one can further approximate the level set by a finite number of open disjoint intervals for which one uses the sliding argument explained above.

As mentioned before, this procedure can be generalized to higher dimensions by considering Steiner symmetrization with respect to a hyperplane. One considers any hyperplane  $H$  through the origin and then rearranges the function symmetrically about the hyperplane along each line perpendicular to  $H$ , resulting in a function denoted by  $f^{*H}$ . For more information see [57]. In this fashion one obtains a continuous rearrangement  $f \rightarrow \mathfrak{f}_\tau^H$ ,  $\tau \in [0, \infty]$ , which was studied in detail by Brock [15, 16]. We shall refer to the statements in those papers.

To pass from Steiner symmetrization to the symmetric decreasing rearrangement we consider a sequence of continuous Steiner symmetrizations and chain them with a new continuous parameter *à la* Bucur–Henrot. Inspired by [17, 27], we proceed as follows. Given a function  $f \in L^p(\mathbb{R}^d)$  for some  $1 \leq p < \infty$  there is a sequence  $(H_n)_{n \in \mathbb{N}}$  of hyperplanes such that, defining recursively with  $f_0 = f$ ,

$$f_n := f_{n-1}^{*H_n}, \quad n = 1, 2, \dots,$$

we have

$$f_n \rightarrow f^* \quad \text{in } L^p(\mathbb{R}^d) \quad \text{as } n \rightarrow \infty.$$

In fact, it is shown in [70, Theorem 4.3] that this holds for ‘almost every’ (in an appropriate sense) choice of hyperplanes. It is also of interest that this sequence can actually be chosen in a universal fashion (that is, independent of  $f$  and  $p$ ); see [68, Theorem 5.2].

Given  $f$  and the sequence  $(f_n)_{n \in \mathbb{N}}$  as above, we set for any  $n = 0, 1, 2, \dots$

$$\phi_n(\tau) := e^{\frac{\tau-n}{n+1-\tau}} - 1, \quad \tau \in [n, n+1],$$

and define

$$\mathfrak{f}_\tau := f_{n, \phi_n(\tau)}, \tag{66}$$

where the right side denotes Brock's continuous Steiner symmetrization with respect to the hyperplane  $H_n$  with parameter  $\phi_n(\tau)$  applied to  $f_n$ . As  $\tau$  runs from  $n$  to  $n+1$ ,  $\phi_n(\tau)$  runs from 0 to  $\infty$ , so  $\mathfrak{f}_\tau$  is well defined even for  $\tau \in \mathbb{N}_0$ .

From the properties of Brock's flow, see, in particular, [16, Lemma 4.1], we obtain the following properties for our flow.

**Proposition A.1.** *Let  $d \geq 1$ ,  $1 \leq p < \infty$  and let  $0 \leq f \in L^p(\mathbb{R}^d)$ . Then, for any  $\tau \in [0, \infty]$ , the function  $\mathfrak{f}_\tau$  defined by (66) is in  $L^p(\mathbb{R}^d)$  and  $\|\mathfrak{f}_\tau\|_p = \|f\|_p$ . Moreover, for any  $\tau \in [0, \infty]$  and any sequence  $(\tau_n)_{n \in \mathbb{N}}$  with  $\lim_{n \rightarrow \infty} \tau_n = \tau$ ,*

$$\lim_{n \rightarrow \infty} \|\mathfrak{f}_{\tau_n} - \mathfrak{f}_\tau\|_p = 0.$$

The following fact is important for us.

**Lemma A.2.** *Let  $d \geq 3$  and  $0 \leq f \in L^{2^*}(\mathbb{R}^d)$ . The function*

$$\tau \mapsto \sup_{u \in \mathcal{M}_1} \left( \mathfrak{f}_\tau, u^{2^*-1} \right)^2$$

with  $\mathfrak{f}_\tau$  defined by (66) is continuous.

*Proof.* We use the fact, shown in Proposition A.1, that

$$\lim_{\tau_1 \rightarrow \tau_2} \|\mathfrak{f}_{\tau_1} - \mathfrak{f}_{\tau_2}\|_{2^*} = 0.$$

Fix  $\varepsilon > 0$ . There exists  $u_1 \in \mathcal{M}_1$  such that  $\sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_1}, u^{2^*-1} \right) \right| \leq \left| \left( \mathfrak{f}_{\tau_1}, u_1^{2^*-1} \right) \right| + \varepsilon$  and hence

$$\begin{aligned} \sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_1}, u^{2^*-1} \right) \right| - \sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_2}, u^{2^*-1} \right) \right| &\leq \left| \left( \mathfrak{f}_{\tau_1}, u_1^{2^*-1} \right) \right| + \varepsilon - \left| \left( \mathfrak{f}_{\tau_2}, u_1^{2^*-1} \right) \right| \\ &\leq \left| \left( \mathfrak{f}_{\tau_1}, u_1^{2^*-1} \right) - \left( \mathfrak{f}_{\tau_2}, u_1^{2^*-1} \right) \right| + \varepsilon, \end{aligned}$$

which by Hölder's inequality is bounded above by

$$\|\mathfrak{f}_{\tau_1} - \mathfrak{f}_{\tau_2}\|_{2^*} \|u_1^{2^*-1}\|_q + \varepsilon = \|\mathfrak{f}_{\tau_1} - \mathfrak{f}_{\tau_2}\|_{2^*} + \varepsilon$$

with  $q = \frac{2^*}{2^*-1}$ . Hence

$$\limsup_{\tau_2 \rightarrow \tau_1} \left( \sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_1}, u^{2^*-1} \right) \right| - \sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_2}, u^{2^*-1} \right) \right| \right) \leq \varepsilon.$$

There exists  $u_2 \in \mathcal{M}_1$  such that  $\sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_2}, u^{2^*-1} \right) \right| \leq \left| \left( \mathfrak{f}_{\tau_2}, u_2^{2^*-1} \right) \right| + \varepsilon$  and hence

$$\sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_1}, u^{2^*-1} \right) \right| - \sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_2}, u^{2^*-1} \right) \right| \geq \left| \left( \mathfrak{f}_{\tau_1}, u_2^{2^*-1} \right) \right| - \left| \left( \mathfrak{f}_{\tau_2}, u_2^{2^*-1} \right) \right| - \varepsilon,$$

which is greater or equal to

$$-\left| \left( \mathfrak{f}_{\tau_1}, u_2^{2^*-1} \right) - \left( \mathfrak{f}_{\tau_2}, u_2^{2^*-1} \right) \right| - \varepsilon \geq -\|\mathfrak{f}_{\tau_1} - \mathfrak{f}_{\tau_2}\|_{2^*} - \varepsilon.$$

Hence

$$\liminf_{\tau_2 \rightarrow \tau_1} \left( \sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_1}, u^{2^*-1} \right) \right| - \sup_{u \in \mathcal{M}_1} \left| \left( \mathfrak{f}_{\tau_2}, u^{2^*-1} \right) \right| \right) \geq -\varepsilon.$$

This proves the claimed continuity.  $\square$

We now consider the behavior of the gradient under the rearrangement flow. The following proposition is closely related to [16, Theorems 3.2 and 4.1], but there inhomogeneous Sobolev spaces are considered, which leads to some minor changes. For the sake of simplicity we provide the details.

**Proposition A.3.** *Let  $0 \leq f \in \dot{H}^1(\mathbb{R}^d)$ . Then  $\mathfrak{f}_\tau$  defined by (66) is in  $\dot{H}^1(\mathbb{R}^d)$  and  $\tau \mapsto \|\nabla \mathfrak{f}_\tau\|_2$  is a nonincreasing, right-continuous function.*

*Proof.* By construction, it suffices to prove these properties for Brock's flow. Since the latter has the semigroup property  $(\mathfrak{f}_\sigma)_\tau = \mathfrak{f}_{\sigma+\tau}$  for all  $\sigma, \tau \geq 0$ , it suffices to prove monotonicity and right-continuity at  $\tau = 0$ .

We begin with the proof of monotonicity, which we first prove under the additional assumption that  $f \in L^2(\mathbb{R}^d)$ . This is shown in [16, Theorem 3.2], but we give an alternative proof. We proceed as in the proof of [57, Lemma 1.17]. Extending [15, Corollary 2] to the sequence of Steiner symmetrizations we find for three nonnegative functions  $f, g, h$  that

$$\iint_{\mathbb{R}^d \times \mathbb{R}^d} \mathfrak{f}_\tau(x) g_\tau(x-y) h_\tau(y) dx dy \geq \iint_{\mathbb{R}^d \times \mathbb{R}^d} f(x) g(x-y) h(y) dx dy.$$

If we choose  $g(x-y)$  to be the standard heat kernel, *i. e.*,  $g(x-y) = e^{\Delta t}(x-y)$ , then  $g_\tau(x-y) = g(x-y)$  and hence

$$\iint_{\mathbb{R}^d \times \mathbb{R}^d} f_\tau(x) e^{\Delta t}(x-y) f_\tau(y) dx dy \geq \iint_{\mathbb{R}^d \times \mathbb{R}^d} f(x) e^{\Delta t}(x-y) f(y) dx dy.$$

Since  $\|f_\tau\|_2 = \|f\|_2$  by the equimeasurability of rearrangement,

$$\frac{1}{t} (\|f_\tau\|_2^2 - (f_\tau, e^{\Delta t} f_\tau)) \leq \frac{1}{t} (\|f\|_2^2 - (f, e^{\Delta t} f))$$

and letting  $t \rightarrow 0$  yields the first claim under the additional assumption  $f \in L^2(\mathbb{R}^d)$ .

For general  $0 \leq f \in \dot{H}^1(\mathbb{R}^d)$  we apply the above argument to the functions  $(f - \epsilon)_+$ ,  $\epsilon > 0$ . They belong to  $L^2(\mathbb{R}^d)$  since  $f$  vanishes at infinity and belongs to  $L^{2^*}(\mathbb{R}^d)$ . We obtain

$$\|\nabla((f - \epsilon)_+)\|_2 \leq \|\nabla(f - \epsilon)_+\|_2 \leq \|\nabla f\|_2. \quad (67)$$

We claim that  $f_\tau \in \dot{H}^1(\mathbb{R}^d)$  and  $\nabla((f - \epsilon)_+)\tau \rightarrow \nabla f_\tau$  in  $L^2(\mathbb{R}^d)$  as  $\epsilon \rightarrow 0^+$ . Once this is shown, the claimed inequality follows from (67) by the weak lower semicontinuity of the  $L^2$  norm.

To prove the claimed weak convergence, note that by (67),  $\nabla((f - \epsilon)_+)\tau$  is bounded in  $L^2(\mathbb{R}^d)$  as  $\epsilon \rightarrow 0^+$  and therefore has a weak limit point. Let  $F \in L^2(\mathbb{R}^d)$  be any such limit point. Since  $(f - \epsilon)_+ \rightarrow f$  in  $L^{2^*}(\mathbb{R}^d)$ , the nonexpansivity of the rearrangement [15, Lemma 3] implies that  $((f - \epsilon)_+)\tau \rightarrow f_\tau$  in  $L^{2^*}(\mathbb{R}^d)$ . Thus, for any  $\Phi \in C_c^1(\mathbb{R}^d)$ ,

$$\int_{\mathbb{R}^d} (\nabla \cdot \Phi) f_\tau dx \leftarrow \int_{\mathbb{R}^d} (\nabla \cdot \Phi) ((f - \epsilon)_+)\tau dx = - \int_{\mathbb{R}^d} \Phi \cdot \nabla((f - \epsilon)_+)\tau dx \rightarrow - \int_{\mathbb{R}^d} \Phi \cdot F dx$$

as  $\epsilon \rightarrow 0^+$ . This proves that  $f_\tau$  is weakly differentiable with  $\nabla f_\tau = F$ . In particular,  $f_\tau \in \dot{H}^1(\mathbb{R}^d)$  (note that  $f_\tau$  vanishes at infinity since  $f$  does and since these functions are equimeasurable) and the limit point  $F$  is unique. This concludes the proof of the first part of the proposition.

Let us now show the right-continuity at  $\tau = 0$ . It follows from Proposition A.1 that  $f_\tau \rightarrow f$  in  $L^{2^*}(\mathbb{R}^d)$  as  $\tau \rightarrow 0^+$ . This implies that  $\nabla f_\tau \rightarrow \nabla f$  in  $L^2(\mathbb{R}^d)$  as  $\tau \rightarrow 0^+$ . (Indeed, the argument is similar to the one used in the first part of the proof. The family  $\nabla f_\tau$  is bounded in  $L^2(\mathbb{R}^d)$  as  $\tau \rightarrow 0^+$  and, if  $F$  denotes any weak limit point in  $L^2(\mathbb{R}^d)$ , then the convergence in  $L^{2^*}(\mathbb{R}^d)$  and the definition of weak derivatives implies that  $F = \nabla f$ .) By weak lower semicontinuity, we deduce that

$$\|\nabla f\|_2 \leq \liminf_{\tau \rightarrow 0^+} \|\nabla f_\tau\|_2.$$

This, together with the reverse inequality, which was established in the first part of the proof, proves the claimed right continuity.  $\square$

We note that the proposition remains valid for  $0 \leq f \in \dot{W}^{1,p}(\mathbb{R}^d)$  with  $1 \leq p < d$ . If  $p \neq 2$ , the monotonicity for the gradient for  $f \in W^{1,p}(\mathbb{R}^d)$  is proved in [16, Theorem 3.2]. The remaining arguments above carry over to  $p \neq 2$ .

## REFERENCES

- [1] Frederick J. Almgren, Jr. and Elliott H. Lieb. Symmetric decreasing rearrangement is sometimes continuous. *J. Amer. Math. Soc.*, 2(4):683–773, 1989.
- [2] Angelo Alvino, Vincenzo Ferone, and Carlo Nitsch. A sharp isoperimetric inequality in the plane. *J. Eur. Math. Soc. (JEMS)*, 13(1):185–206, 2011.
- [3] Anton Arnold, Jean-Philippe Bartier, and Jean Dolbeault. Interpolation between logarithmic Sobolev and Poincaré inequalities. *Commun. Math. Sci.*, 5(4):971–979, 2007.
- [4] Thierry Aubin. Équations différentielles non linéaires et problème de Yamabe concernant la courbure scalaire. *J. Math. Pures Appl. (9)*, 55(3):269–296, 1976.
- [5] William Beckner. Sobolev inequalities, the Poisson semigroup, and analysis on the sphere  $\mathbb{S}^n$ . *Proc. Nat. Acad. Sci. U.S.A.*, 89(11):4816–4819, 1992.
- [6] Gabriele Bianchi and Henrik Egnell. A note on the Sobolev inequality. *J. Funct. Anal.*, 100(1):18–24, 1991.

- [7] Chiara Bianchini, Gisella Croce, and Antoine Henrot. On the quantitative isoperimetric inequality in the plane. *ESAIM Control Optim. Calc. Var.*, 23(2):517–549, 2017.
- [8] Sergey G. Bobkov, Nathael Gozlan, Cyril Roberto, and Paul-Marie Samson. Bounds on the deficit in the logarithmic Sobolev inequality. *J. Funct. Anal.*, 267(11):4110–4138, dec 2014.
- [9] Matteo Bonforte, Jean Dolbeault, Gabriele Grillo, and Juan Luis Vázquez. Sharp rates of decay of solutions to the nonlinear fast diffusion equation via functional inequalities. *Proc. Natl. Acad. Sci. USA*, 107(38):16459–16464, 2010.
- [10] Matteo Bonforte, Jean Dolbeault, Bruno Nazaret, and Nikita Simonov. Stability in Gagliardo-Nirenberg-Sobolev inequalities: flows, regularity and the entropy method. arXiv: [2007.03674](#), to appear in *Memoirs of the AMS*.
- [11] Herm Jan Brascamp, Elliott H. Lieb, and Joaquin M. Luttinger. A general rearrangement inequality for multiple integrals. *J. Funct. Anal.*, 17:227–237, 1974.
- [12] Haïm Brezis and Elliott H. Lieb. Sobolev inequalities with remainder terms. *J. Funct. Anal.*, 62(1):73–86, 1985.
- [13] Giovanni Brigati, Jean Dolbeault, and Nikita Simonov. Logarithmic Sobolev and interpolation inequalities on the sphere: constructive stability results. arXiv: [2211.13180](#), 2022.
- [14] Giovanni Brigati, Jean Dolbeault, and Nikita Simonov. Stability for the logarithmic Sobolev inequality. arXiv: [2303.12926](#), 2023.
- [15] Friedemann Brock. Continuous Steiner-symmetrization. *Math. Nachr.*, 172:25–48, 1995.
- [16] Friedemann Brock. Continuous rearrangement and symmetry of solutions of elliptic problems. *Proc. Indian Acad. Sci. Math. Sci.*, 110(2):157–204, 2000.
- [17] Dorin Bucur and Antoine Henrot. Stability for the Dirichlet problem under continuous Steiner symmetrization. *Potential Anal.*, 13(2):127–145, 2000.
- [18] Almut Burchard. Steiner symmetrization is continuous in  $W^{1,p}$ . *Geom. Funct. Anal.*, 7(5):823–860, 1997.
- [19] Luis A. Caffarelli, Basilis Gidas, and Joel Spruck. Asymptotic symmetry and local behavior of semilinear elliptic equations with critical Sobolev growth. *Comm. Pure Appl. Math.*, 42(3):271–297, 1989.
- [20] Stefano Campi. Isoperimetric deficit and convex plane sets of maximum translative discrepancy. *Geom. Dedicata*, 43(1):71–81, 1992.
- [21] Eric A. Carlen. Superadditivity of Fisher’s information and logarithmic Sobolev inequalities. *J. Funct. Anal.*, 101(1):194–211, 1991.
- [22] Eric A. Carlen, Rupert L. Frank, and Elliott H. Lieb. Stability estimates for the lowest eigenvalue of a Schrödinger operator. *Geom. Funct. Anal.*, 24(1):63–84, 2014.
- [23] Eric A. Carlen and Michael Loss. Extremals of functionals with competing symmetries. *J. Funct. Anal.*, 88(2):437–456, 1990.
- [24] Lu Chen, Guozhen Lu, and Hanli Tang. Sharp stability of log-Sobolev and Moser-Onofri inequalities on the sphere. *Journal of Functional Analysis*, 285(5):110022, sep 2023.
- [25] Shibing Chen, Rupert L. Frank, and Tobias Weth. Remainder terms in the fractional Sobolev inequality. *Indiana Univ. Math. J.*, 62(4):1381–1397, 2013.
- [26] Michael Christ. A sharpened Hausdorff-Young inequality. arXiv: [1406.1210](#), 2014.
- [27] Michael Christ. A sharpened Riesz-Sobolev inequality. arXiv: [1706.02007](#), 2017.
- [28] Andrea Cianchi, Nicola Fusco, Francesco Maggi, and Aldo Pratelli. The sharp Sobolev inequality in quantitative form. *J. Eur. Math. Soc. (JEMS)*, 11(5):1105–1139, 2009.
- [29] Marco Cicalese and Gian Paolo Leonardi. A selection principle for the sharp quantitative isoperimetric inequality. *Arch. Ration. Mech. Anal.*, 206(2):617–643, 2012.
- [30] Marco Cicalese and Gian Paolo Leonardi. Best constants for the isoperimetric inequality in quantitative form. *J. Eur. Math. Soc. (JEMS)*, 15(3):1101–1129, 2013.
- [31] Jean Dolbeault, Maria J. Esteban, and Michael Loss. Interpolation inequalities on the sphere: linear vs. nonlinear flows. *Ann. Fac. Sci. Toulouse Math. (6)*, 26(2):351–379, 2017.
- [32] Jean Dolbeault and Gaspard Jankowiak. Sobolev and Hardy–Littlewood–Sobolev inequalities. *J. Differential Equations*, 257(6):1689–1720, 2014.
- [33] Jean Dolbeault and Giuseppe Toscani. Improved interpolation inequalities, relative entropy and fast diffusion equations. *Ann. Inst. H. Poincaré Anal. Non Linéaire*, 30(5):917–934, 2013.
- [34] Jean Dolbeault and Giuseppe Toscani. Stability results for logarithmic Sobolev and Gagliardo-Nirenberg inequalities. *Int. Math. Res. Not. IMRN*, 2016(2):473–498, 2016.
- [35] Javier Duoandikoetxea. Reverse Hölder inequalities for spherical harmonics. *Proc. Amer. Math. Soc.*, 101(3):487–491, 1987.
- [36] Ronen Eldan, Joseph Lehec, and Yair Shenfeld. Stability of the logarithmic Sobolev inequality via the Föllmer process. *Ann. Inst. Henri Poincaré Probab. Stat.*, 56(3):2253–2269, 2020.
- [37] Max Fathi, Emanuel Indrei, and Michel Ledoux. Quantitative logarithmic Sobolev inequalities and stability estimates. *Discrete Contin. Dyn. Syst.*, 36(12):6835–6853, 2016.
- [38] Paul Federbush. Partially alternate derivation of a result of Nelson. *J. Math. Phys.*, 10:50–52, 1969.

- [39] Filomena Feo, Emanuel Indrei, Maria Rosaria Posteraro, and Cyril Roberto. Some remarks on the stability of the log-Sobolev inequality for the Gaussian measure. *Potential Anal.*, 47(1):37–52, 2017.
- [40] Alessio Figalli, Nicola Fusco, Francesco Maggi, Vincent Millot, and Massimiliano Morini. Isoperimetry and stability properties of balls with respect to nonlocal energies. *Comm. Math. Phys.*, 336(1):441–507, 2015.
- [41] Alessio Figalli, Francesco Maggi, and Aldo Pratelli. A mass transportation approach to quantitative isoperimetric inequalities. *Invent. Math.*, 182(1):167–211, 2010.
- [42] Alessio Figalli and Yi Ru-Ya Zhang. Sharp gradient stability for the Sobolev inequality. *Duke Math. J.*, 171(12), Sep 2022.
- [43] Rupert L. Frank. Degenerate stability of some Sobolev inequalities. *Annales de l'Institut Henri Poincaré C, Analyse non linéaire*, 39(6):1459–1484, jun 2022.
- [44] Rupert L. Frank and Elliott H. Lieb. A note on a theorem of M. Christ. arXiv: [1909.04598](https://arxiv.org/abs/1909.04598), 2019.
- [45] Rupert L. Frank and Elliott H. Lieb. Proof of spherical flocking based on quantitative rearrangement inequalities. *Ann. Sc. Norm. Super. Pisa Cl. Sci. (5)*, 22(3):1241–1263, 2021.
- [46] Nicola Fusco, Francesco Maggi, and Aldo Pratelli. The sharp quantitative Sobolev inequality for functions of bounded variation. *J. Funct. Anal.*, 244(1):315–341, 2007.
- [47] Basilis Gidas, Wei Ming Ni, and Louis Nirenberg. Symmetry of positive solutions of nonlinear elliptic equations in  $\mathbb{R}^n$ . In *Mathematical analysis and applications, Part A*, volume 7 of *Adv. in Math. Suppl. Stud.*, pages 369–402. Academic Press, New York-London, 1981.
- [48] Leonard Gross. Logarithmic Sobolev inequalities. *Amer. J. Math.*, 97(4):1061–1083, 1975.
- [49] Leonard Gross. Hypercontractivity, logarithmic Sobolev inequalities, and applications: a survey of surveys. In *Diffusion, quantum theory, and radically elementary mathematics*, volume 47 of *Math. Notes*, pages 45–73. Princeton Univ. Press, Princeton, NJ, 2006.
- [50] Emanuel Indrei. Sharp stability for LSI. *Mathematics*, 11(12), 2023.
- [51] Emanuel Indrei and Daesung Kim. Deficit estimates for the logarithmic Sobolev inequality. *Differential Integral Equations*, 34(7-8):437–466, 2021.
- [52] Emanuel Indrei and Diego Marcon. A quantitative log-Sobolev inequality for a two parameter family of functions. *Int. Math. Res. Not. IMRN*, 2014(20):5563–5580, 2014.
- [53] Daesung Kim. Instability results for the logarithmic Sobolev inequality and its application to related inequalities. *Discrete Contin. Dyn. Syst.*, 42(9):4297–4320, 2022.
- [54] Tobias König. Stability for the Sobolev inequality: existence of a minimizer. arXiv: [2211.14185](https://arxiv.org/abs/2211.14185), 2022.
- [55] Tobias König. On the sharp constant in the Bianchi-Egnell stability inequality. *Bulletin of the London Mathematical Society*. Doi: [10.1112/blms.12837](https://doi.org/10.1112/blms.12837), 2023.
- [56] Elliott H. Lieb. Sharp constants in the Hardy-Littlewood-Sobolev and related inequalities. *Ann. of Math. (2)*, 118(2):349–374, 1983.
- [57] Elliott H. Lieb and Michael Loss. *Analysis*, volume 14 of *Graduate Studies in Mathematics*. American Mathematical Society, Providence, RI, second edition, 2001.
- [58] Pierre-Louis Lions. The concentration-compactness principle in the calculus of variations. The limit case. I. *Rev. Mat. Iberoamericana*, 1(1):145–201, 1985.
- [59] Henry P. McKean. Geometry of differential space. *Ann. Probability*, 1:197–206, 1973.
- [60] György Pólya and Gábor Szegő. *Isoperimetric Inequalities in Mathematical Physics*. Annals of Mathematics Studies, No. 27. Princeton University Press, Princeton, N. J., 1951.
- [61] Olivier Rey. The role of the Green's function in a nonlinear elliptic equation involving the critical Sobolev exponent. *J. Funct. Anal.*, 89(1):1–52, 1990.
- [62] Eugene R. Rodemich. The Sobolev inequalities with best possible constants. *Analysis Seminar Caltech*, 1966.
- [63] C. Ambrose Rogers. A single integral inequality. *J. London Math. Soc.*, 32:102–108, 1957.
- [64] Gerald Rosen. Minimum value for  $c$  in the Sobolev inequality  $\|\phi^3\| \leq c \|\nabla\phi\|^3$ . *SIAM J. Appl. Math.*, 21:30–32, 1971.
- [65] Francis Seuffert. An extension of the Bianchi-Egnell stability estimate to Bakry, Gentil, and Ledoux's generalization of the Sobolev inequality to continuous dimensions. *J. Funct. Anal.*, 273(10):3094–3149, 2017.
- [66] Aart Johannes Stam. Some inequalities satisfied by the quantities of information of Fisher and Shannon. *Information and Control*, 2:101–112, 1959.
- [67] Giorgio Talenti. Best constant in Sobolev inequality. *Ann. Mat. Pura Appl. (4)*, 110:353–372, 1976.
- [68] Jean van Schaftingen. Universal approximation of symmetrizations by polarizations. *Proc. Amer. Math. Soc.*, 134(1):177–186, 2006.
- [69] Anatolii Moiseevich Vershik. Does a Lebesgue measure in an infinite-dimensional space exist? *Tr. Mat. Inst. Steklova*, 259(Anal. i Osob. Ch. 2):256–281, 2007.
- [70] Aljoša Volčič. Random Steiner symmetrizations of sets and functions. *Calc. Var. Partial Differential Equations*, 46(3-4):555–569, 2013.



- [71] Fred B. Weissler. Logarithmic Sobolev inequalities for the heat-diffusion semigroup. *Trans. Amer. Math. Soc.*, 237:255–269, 1978.

---

(J. Dolbeault, M. J. Esteban) CEREMADE (CNRS UMR No. 7534), PSL UNIVERSITY, UNIVERSITÉ PARIS-DAUPHINE, PLACE DE LATTRE DE TASSIGNY, 75775 PARIS 16, FRANCE.

*E-mails:* [dolbeaul@ceremade.dauphine.fr](mailto:dolbeaul@ceremade.dauphine.fr), [esteban@ceremade.dauphine.fr](mailto:esteban@ceremade.dauphine.fr)

(A. Figalli) MATHEMATICS DEPARTMENT, ETH ZÜRICH, RAMISTRASSE 101, 8092 ZÜRICH, SWITZERLAND.

*E-mail:* [alessio.figalli@math.ethz.ch](mailto:alessio.figalli@math.ethz.ch)

(R. L. Frank) DEPARTMENT OF MATHEMATICS, LMU MUNICH, THERESIENSTR. 39, 80333 MÜNCHEN, GERMANY, AND MUNICH CENTER FOR QUANTUM SCIENCE AND TECHNOLOGY, SCHELLINGSTR. 4, 80799 MÜNCHEN, GERMANY, AND MATHEMATICS 253-37, CALTECH, PASADENA, CA 91125, USA.

*E-mail:* [r.frank@lmu.de](mailto:r.frank@lmu.de)

(M. Loss) SCHOOL OF MATHEMATICS, GEORGIA INSTITUTE OF TECHNOLOGY ATLANTA, GA 30332, UNITED STATES OF AMERICA.

*E-mail:* [loss@math.gatech.edu](mailto:loss@math.gatech.edu)